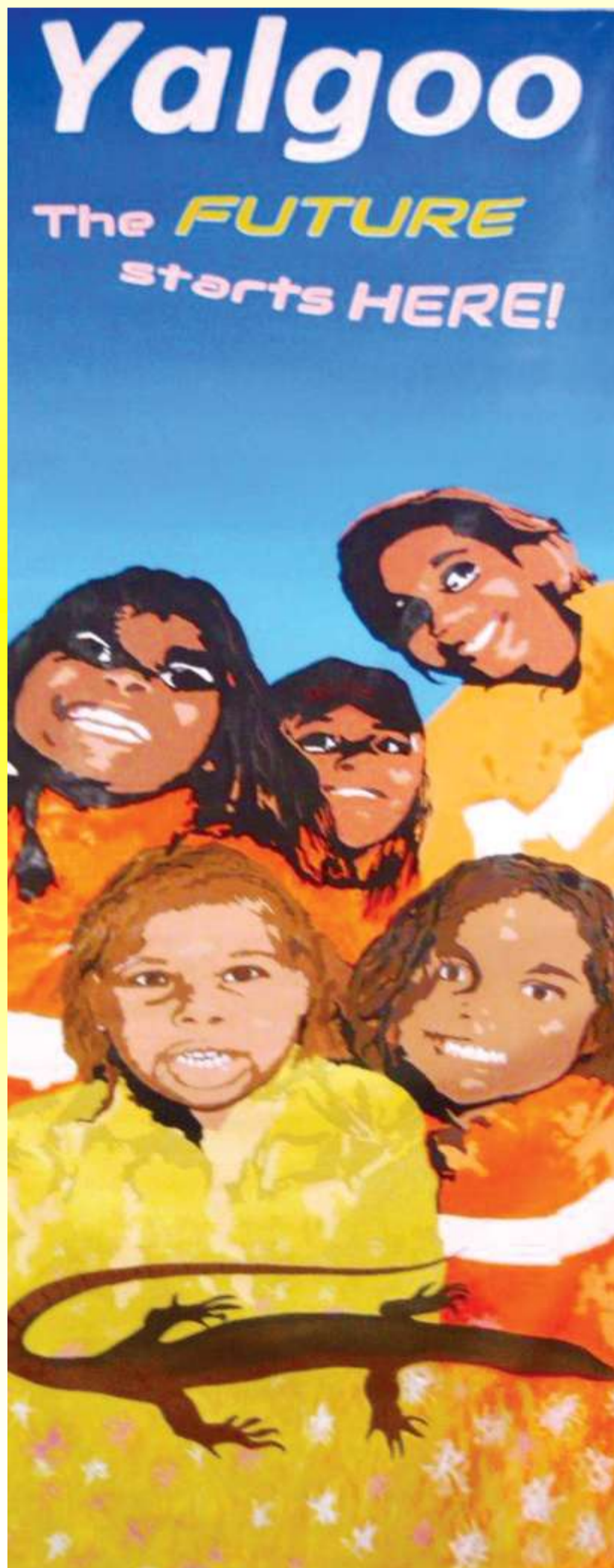




PO Box 40, 37 Gibbons Street, Yalgoo WA 6635
Ph: 08 9962 8042
Fax: 08 9962 8020
E-mail:
reception@yalgoo.wa.gov.au



YALGOO BULLDUST



Yalgoo Community Banner 2013

2013 Banners in the Terrace Competition

This Annual exhibition of banners along St Georges and Adelaide Terrace in Perth allows communities and regions throughout Western Australia to represent themselves to thousands of people travelling along these routes each day.

It is now a much anticipated part of the annual WA Local Government Convention and Trade Exhibition **NEW OPPORTUNITIES NEW GROUNDS.**

The 2013 Yalgoo banner designed and painted by members of the Yalgoo Community.

Fingers Crossed we win this year....

GENERAL DISCLAIMER

The Yalgoo Bulldust is published by the Shire of Yalgoo as a public service for the community.

Contact— Shire of Yalgoo
 Mail— PO Box 40, Yalgoo 6635
 Phone— 99628042
 Fax— 99628020
 Email— reception@yalgoo.wa.gov.au



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Accordingly, no responsibility is accepted or taken by the Shire of Yalgoo, or the authors and editors of the Yalgoo Bulldust, for any damage or loss suffered by any party acting in reliance on any matter, comment or advice contained here in.

REMINDER – DEADLINES FOR BULLDUST ENTRIES

The deadline for articles and notices to go into the Yalgoo Bulldust is the second last Friday of every month.

Contributions can be left at the Shire of Yalgoo Office or email to reception@yalgoo.wa.gov.au

Advertisement

Do you want to promote what you have to offer?

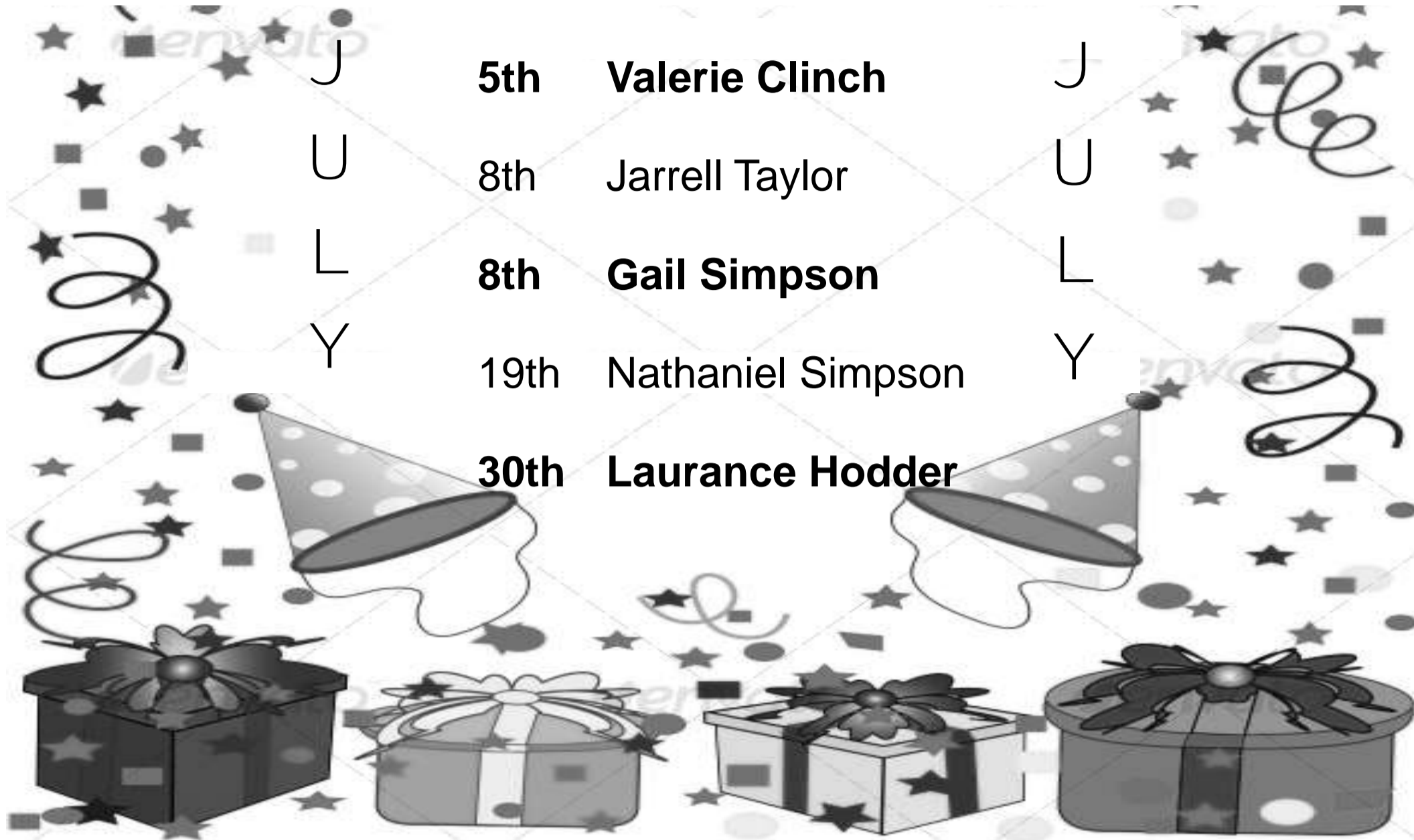
The Yalgoo Bulldust can help you.

At the Shire we can place an advertisement in the bulldust for the following charges:

| | | |
|---------------------------------------|-----------------|-------------|
| Advertising Commercial - Full Page | (Black & White) | \$33.00 |
| Advertising Commercial - Half Page | (Black & White) | \$22.00 |
| Advertising Commercial - Quarter Page | (Black & White) | \$16.50 |
| Advertising Community - All of above | (Black & White) | <u>FREE</u> |

Please call the Shire If you have any enquiries on 08 9962 8042

HAPPY BIRTHDAY



If you would like to see yours or even a loved ones birthday displayed in the bulldust for all to see
 Please contact the shire to let us know.
 08 9962 8042



COUNCIL MEETINGS 2013

Yalgoo Chambers

Thursday 18 July 2013

Thursday 22 August 2013

Thursday 24 October 2013

Thursday 5 December 2013

Paynes Find

Thursday 19 September 2013

Life Quote

Life is not measured
 by the number of
 breaths we take,
 But
 By the moments
 that take our breath
 away.

NOTICE

Government of Western Australia
Department of Transport




SHIRE OF YALGOO

Licensing Hours

9am - 12pm


Monday - Thursdays

ONLY





WHO DID THIS ?

Please help find the person responsible
By reporting vandalism to the Shire Office





Shire of Yalgoo
PO Box 40
Yalgoo WA 6635
Tel (08) 99628042
Fax (08) 99628020



Dogs...Dogs....Dogs

Reminder to all dog owners, that dogs over 3 months need to be registered.
You are only permitted to have two dogs per house.
You must be over 18 to own a dog.
You are required to have suitable fencing to keep your dog in.
Dogs are not permitted to roam around town either licensed or unlicensed.
All dogs are to be on a leash while in public.
The designated exercise area for dogs is at the railway complex.
Fine breaches of the dog act are enforceable and are not cheap.
Please contact the shire if you need assistance.


Margaret Pauline Davies

Would like to thank all the people who helped Bill when he fell.

Gail Trenfield, Arron, Jessie, Mathew, Tom, Carol and Mata

Thank you all so much

From Pauline

Community & Youth Development *News* from piP

July School Holiday Program

School hols here again and everything we are planning on doing is in the table below. We haven't got much happening in the first week except for a day trip out to Joker's Tunnel on Tuesday 9th. But from Saturday 13th we have something on almost every day because we got some great volunteers coming into town from Indigenous Community Volunteers.

So check out the program and see what you or your kids want to get involved with. One thing we ask though is look at how we have split up the ages of the kids for the activities. Please help us to make sure the little kids don't come to the big kids activities and the big kids don't come to the little kids activities. Thanks!

So the program is...

| | | | | | |
|----|-----------|----------------------------|-----------------|-------------------|----------------|
| 9 | Tuesday | Joker's Tunnel | 11am - 3pm | Everyone | Joker's Tunnel |
| 13 | Saturday | NAIDOC Bush feed | 10am - 4pm | Everyone | Out Bush |
| 14 | Sunday | Sports | 10.30 - 11.30am | 8 - 12 year olds | Rage Cage |
| | | Sports | 11.30 am - 1pm | 12 - 18 year olds | Rage Cage |
| | | Art | 3pm - 5pm | 4 - 8 year olds | Hall |
| | | Feed & Film Night | 6 - 9.30pm | Everyone | Hall |
| 15 | Monday | Sports | 10.30 - 11.30am | 8 - 12 year olds | Rage Cage |
| | | | 11.30am - 1pm | 12 - 18 year olds | Rage Cage |
| | | Art | 3 - 4.30pm | 8 - 12 year olds | Hall |
| | | | 4.30 - 6pm | 12 - 18 year olds | Hall |
| 16 | Tuesday | Film Day 'Man of Steel' | 9am - 6pm | 12 - 18 year olds | Geraldton |
| 17 | Wednesday | Film Day 'Despicable Me 2' | 9am - 6pm | 3 - 12 year olds | Geraldton |
| 18 | Thursday | Sports | 10.30 - 11.30am | 8 - 12 year olds | Rage Cage |
| | | | 11.30 am - 1pm | 12 - 18 year olds | Rage Cage |
| | | Art | 3 - 4.30pm | 4 - 12 year olds | Hall |
| | | | 4.30 - 6pm | 12 - 18 year olds | Hall |
| 21 | Sunday | Feed & Film Night | 6 - 9.30pm | Everyone | Hall |

Points system for the kids

After a meeting last month it was decided that we would have a new points system start in Yalgoo to reward the good kids for doing good things and remind the kids that do the wrong thing that there are consequences.

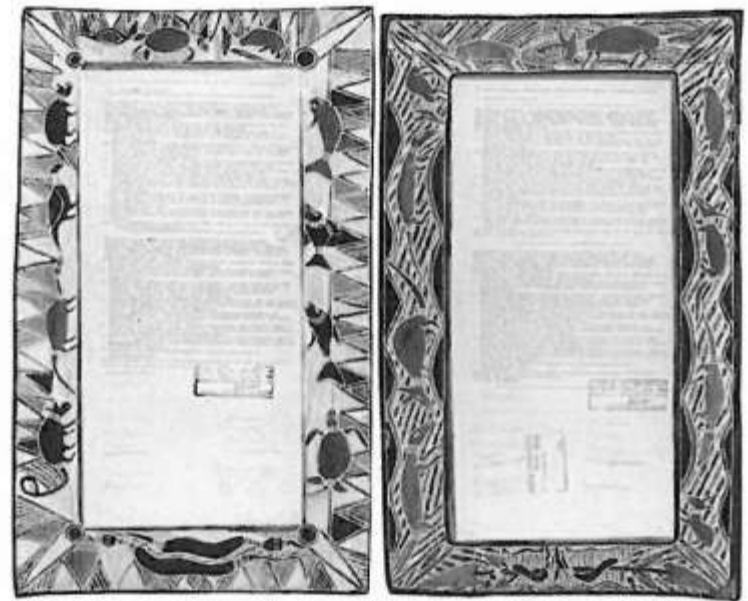
Basically every kid in town starts with 100 points. And if they want to come along on camps and trips away then they have to have at least 100 points. So kids, If they do something wrong then they will lose points. The only way kids who lose points (and there are already some who have) can earn new points to get back to 100 points or more is to come and see Mata or me and they will be given little jobs to do to make up their points.

NAIDOC WEEK 7 – 14 July



7 - 14 July
2013

We value the vision:
**YIRRKALA BARK
PETITIONS 1963**



"The **Yirrkala bark petitions 1963** are historic Australian documents that were the first traditional documents prepared by Indigenous Australians that were recognised by the Australian Parliament, and are thus the first documentary recognition of Indigenous people in Australian law.

Wali Wunungmurra, one of the 12 signatories to the petition, describes the background to the petition as follows:

"In the late 1950s Yolngu became aware of people prospecting for minerals in the area of the Gove Peninsula, and shortly after, discovered that mining leases had been taken out over a considerable area of our traditional land. Our response, in 1963, was to send a petition framed by painted bark to the Commonwealth Government demanding that our rights be recognised."^[1]

The Yolngu people of Yirrkala sent the bark petitions to the Australian House of Representatives. The petition asserted that the Yolngu people owned that land and protested the Commonwealth's granting of mining rights to Nabalco of land excised from Arnhem Land reserve. The result was a parliamentary inquiry which recommended that compensation was owed to the Yolngu. Thus, the petition was the first recognition of

NAIDOC Week in Yalgoo –

A day of celebration

Saturday 13 July - Feed out bush

Come and join us for a day of celebration out bush with a big feed of bush tucker and games for the kids and anyone else who wants to join in.

Godfrey Simpson will be here to join us and will present some traditional Yamatji stories spoken in English and Yamatji.

The Shire bus will ferry people out bush where we can all celebrate what it means to be part of the oldest civilisation on earth.

If anyone has any ideas for activities or specific things you want to do on the day then come and see Mata or me at the hall. **Volunteers needed to cook up some bush tucker for day...see the recipes page for some ideas.**



The GOO-FEST 2013

Clear the decks...block out your calendars...get your family and friends organised tell 'em on Facebook!

Friday 6 and Saturday 7 September

A 2 day extravaganza that includes the opening of the rage cage and skate park. On the Friday night a huge concert featuring the...

Bartlett Brothers

Emily Ruffin

fireworks

and a screening of the film, The Sapphires

+ Skateboard Riding clinic &

emu costume making workshop

On Saturday we are holding the **Emu Cup** with crazy races and music and entertainment by **DJ Rev** followed by an Emu Trivia quiz and then more of DJ Rev and dancing

It will be a packed 2 days of fun, food, music and general good times for everyone.

Whatever you do...make sure you are in Yalgoo on the 6 and 7 of September...you won't regret it.

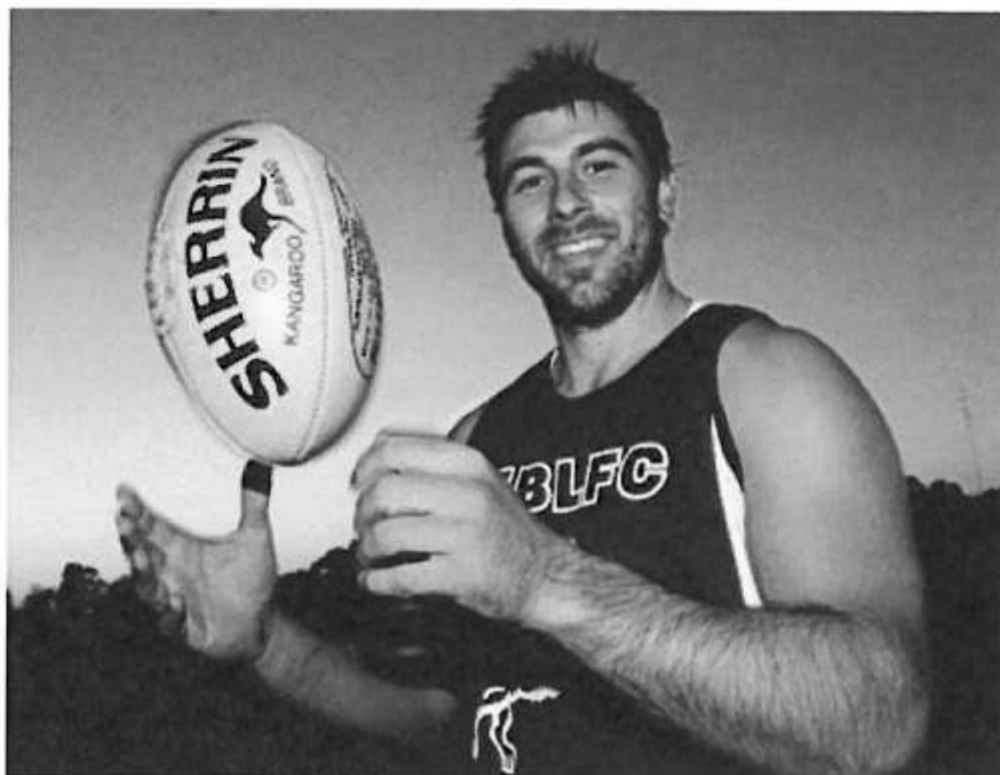
More information in the next Bulldust



Coming up...

Heath Black is coming to Yalgoo to talk about suicide and his personal story about depression. **He will be talking at the Railway complex at 3.30pm on Monday 12 August.**

For those of you who don't know, Heath is a former AFL footballer who struggled with mental illness throughout his 12-year professional career. Originally from Victoria, he started as a 17-year old in 1997 with the Fremantle Dockers, moving to St Kilda for a stint and finishing his career at the Dockers in late 2008.



Heath has spent the last couple of years getting his life back on track, but rather than sit back he has decided to use his profile and experience to try and help other men who may suffer from Bipolar, ADHD or other related mental conditions such as depression, anxiety, isolation and alcoholism.

and...

One Life presents...

Applied Suicide Intervention Skills Training (ASIST)

ASIST Training will be held on 28th and 29th August 2013 in Yalgoo at the Railway complex. The two day training starts at 8.30am and concludes at 4.30pm each day.

Anyone and everyone from the community is welcome... Book your place by phoning **Shane Hill, One Life Community Coordinator, WA Suicide Prevention Strategy. Phone (08) 9921 8512** or come and see **Mata or Pip.**

Morning/Afternoon tea and lunch provided.



Yalgoo Police & Mullewa Football Club



UPDATES

Hi all,

Firstly I would like to advise you that the officer in charge of Yalgoo Police Station, Sergeant Minnock has recently been given his promotion to Senior Sergeant.

Myself and 1/c Constable Comeagain have both benefited by having Senior Sergeant Minnock at Yalgoo and I hope the community have appreciated him being here at Yalgoo as well.

With the promotion comes other opportunities and myself and 1/c Comeagain wish the Sergeant all the best with what he does in the future.

The Yalgoo Police are also very happy with the town at the moment, especially the children who are wearing helmets when out riding their bikes.

On a sporting front as I am the senior coach of the Mullewa Football Club, I am excited about the football at the moment.

On Sunday the 30th of June 2013, Mullewa played against Northampton at Mullewa and the club came away with important wins in all 3 grades.

The colts won by 3 goals, the reserves won by 6 goals and WAIT FOR IT!, the League side set a new GNFL record by defeating Northampton by 278pts, eclipsing the old record set by Towns and Railways who defeated Northampton and Mullewa respectively by 253pts back in 2006 and 2009.

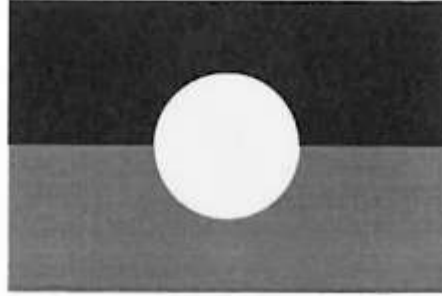
Mullewa also set a new highest score record of 285pts, beating Railways score of 278 pts.

Team efforts by all players in all three grades and even though we still have about 7 rounds to go, the wins gives each grade chances of finishing in the top two of the ladder.

Regards

Revis Ryder A/Sgt
Yalgoo Police Station

Yalgoo Primary School/ NAIDOC



Family and friends
joined the students in our annual NAIDOC celebration of
Aboriginal culture and tradition.
Everyone enjoyed a day of craft and painting activities with a
good feed of kangaroo stew and damper.
*Thank you to all the staff and parents who helped to make this a
wonderful day.*





Yalgoo Nursing Post



As of the 22nd July 2013 The Health Centre will be open From

8:30am to 5pm

Mondays to Fridays

ALSO

It will be closed for a 30min Lunch Break

12.30pm to 1pm

Register your medical details on the Medicare—ehealth —you decide which details to register & who has access to them in case of emergency.

Forms available at Medicare offices,
online at

www.medicareforall.health.gov.au

&

www.ehealth.gov.au

Or phone

Ph: 1800 723 471

... this is a good idea for people in
remote places & pastoralists



CENTACARE

YALGOO 2013



MANS BUSINESS

"A Man's gonna do what a man's gotta do"

What a good turn out from the GUYS... a big up's to you all..... Some great discussion about community programs and the Men's shed project let's keep it going.... Percy Lawson has been nominated and accepted as the chairman of the Men's Group and we will be looking for members to form a steering committee. At this stage our next meeting/ **Breakfast will be Saturday**

20 July 9.00am all men invited, BBQ breakfast at the Shire hall come in and have your say.

For more info contact Mata or Pip at the Centacare office. 08 99628207

SCHOOL HOLIDAYS ACTIVITIES ????????

lots of fun activities planned for the kids come on down to the rage cage and the hall and be a part of the action.....

REGULAR FEATURES

WALKING GROUP

Walking times are Tuesday and Thursday evening at 5.30pm. Group assembles at the Shire

community hall. The walking group will give you the opportunity to exercise and meet others in the community. For further inquiries please contact Mata on 99628207 or Louise at the school on 99628024.



PLAY GROUP

Support Play Group and come along with your child. Play group is held at the Primary school every week, for further inquiries please contact Tamisha or Mata on 99628207 or the school on 99628024

Hours: Mondays' 9.00am – 11.30am

 Wednesdays' 9.00am – 11.30am

COUNSELLING SERVICES

Northern Districts Community Support Group - Morawa Family Counseling Service

Family and financial counselors available to provide support to rural individuals and families; through counselling; information and education. This is a free service to the shire and families of Yalgoo

Address: Morawa Family Counseling Service

PO Box 6, MORAWA, WA, 6623 Phone :08 9971 1030 Relevant subjects for this

organisation: Counseling, Family and Community Groups/Support Services: for

more Info please contact Anne Hague directly or Mata at the Centacare office

KUPU HOU - NEW WORDS

Tangata : Man

Wāhine : Women

Mata Te Hiini

Indigenous Parenting Co-ordinator

Centacare Family Services

15 Shamrock Road **YALGOO WA 6635**

Phone: (08) 99628207 Fax: (08) 99628206

mata.tehini@centacaregeraldton.org.au

“TENĀ RĀ KOUTOU KATOA”

WHAT is wescarpade?

WesCarpade is Camp Quality Western Australia's very own wackiest outback motoring adventure. Travelling from Geraldton to Busselton this is set to be the most fun anyone can have on four wheels and it raises money for children living with cancer and their families! WesCarpade is Camp Quality's biggest annual fundraiser in Western Australia.

WesCarpade is the culmination of year-round fundraising by dedicated and hard-working fundraisers committed to making laughter the best medicine.

This year will see a fleet of 25 CARazy vehicles cover almost 2000kms in a week. Our aim is to raise over \$300,000 this year, while travelling through Western Australia.

Along the way they'll meet truly inspiring people, spread the laughter by visiting thousands of school children in a fanfare of bubble machines, sirens, horns, water cannons, lights and colour and inspire everyone they meet to raise money for children living with cancer.

The challenge is to raise as much money as possible and keep a straight face!



OUR P
A B
EV



THE WACKIEST OUTBACK MOTORING ADVENTURE!

WHO is a wescarpadian?

A wesCarpade entrant is an amazing fundraiser that believes wholeheartedly in the support that Camp Quality provides children living with cancer and their families. Like a Camp Quality family, a WesCarpadian also embarks on a journey; they tirelessly fundraise all year, they experience the trials and tribulations of getting their cars ready and the disappointment of hitting an unexpected bump in the road, only to be turned around by a smile or a joke by one of their fellow team mates who all band together for the one goal of making laughter the best medicine.

WHY should you help?

Because you'll be helping Camp Quality create a better life for every child living with cancer in Australia.

Right from diagnosis, throughout treatment and beyond, our free programs build optimism and resilience for children living with cancer and their families; at hospital, at home, at school and away from it all!

HOW you can help?

You can be a part of WesCarpade simply by donating to your favourite car, favourite team, favourite driver or even to WesCarpade itself!

For the car enthusiasts there are opportunities to sponsor a WesCarpade car! For further details please contact jenni.dakic@campquality.org.au or visit www.mycampquality.org.au/wescarpade



DONATE TODAY
↩

GET YOUR MOTOR RUNNING!

HEAD OUT OFF THE HIGHWAY!

mycampquality.org.au/wescarpade

PURPOSE IS TO CREATE
LIFE FOR
EVERY CHILD
IN AUSTRALIA

FOR MORE INFORMATION

to support the 2013 Camp Quality wesCarpade
please contact Jenni Dakic on:
jenni.dakic@campquality.org.au
(08) 9388 8533
or visit mycampquality.org.au/wescarpade

IT'S A
TONNE OF
FUN!



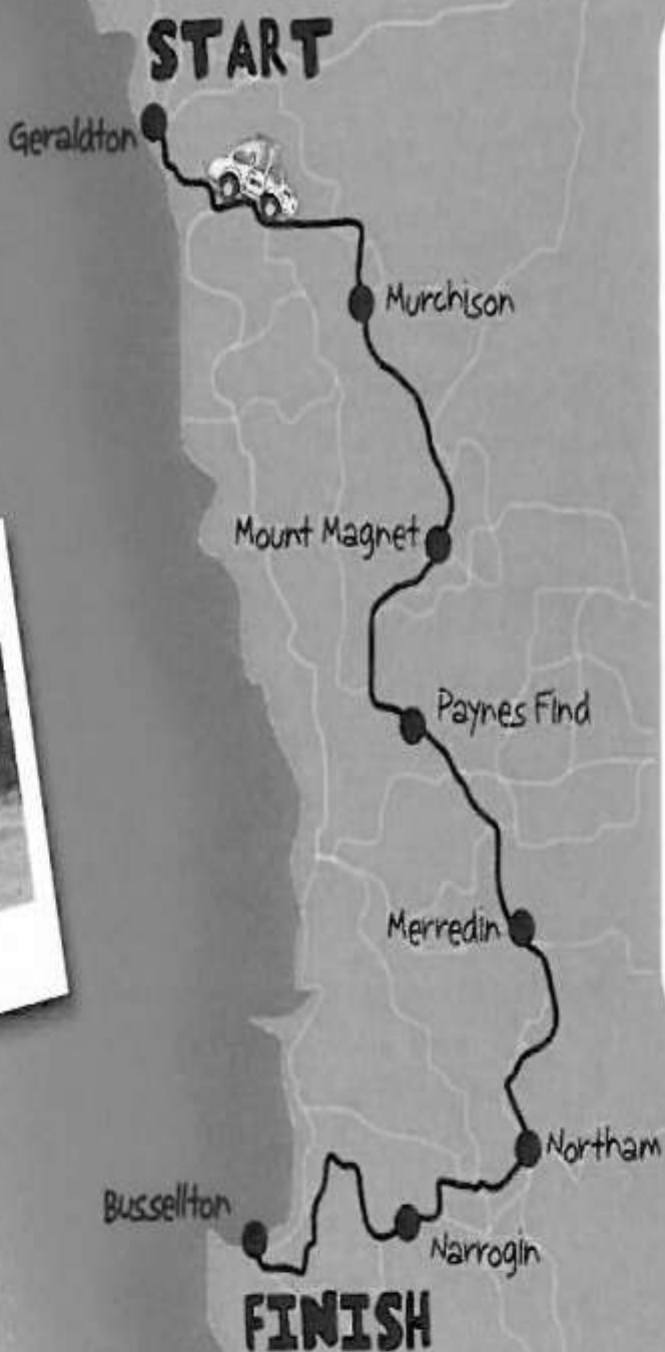
Camp quality
WesCarpade

Geraldton - Busselton
4-11 August 2013

DONATE
TODAY



mycampquality.org.au/wescarpade



Read Jake's story:

"My son Jake was diagnosed with a brain tumour at 21 months. Nothing can prepare you for it. For a marriage and for a family, life's never the same.

After 15 years, 4 tumour surgeries and chemotherapy, Jake is still with us. He now has 5 tumours and permanent brain damage, causing physical and behavioural disabilities.

As a parent you question where it all went wrong. Was it something I did? Then Camp Quality came into our lives. Our faith in humanity was restored. They dedicated themselves to making life fun. Jake is enthusiastically welcomed to every camp. Even when it took three volunteer companions to work in shifts - just so Jake could enjoy himself.

Without Camp Quality's help, Jake wouldn't be the outgoing, independent young man he is.

This is true for all four of our children. They've all gone on camps. When parents have a critically ill child, siblings often feel forgotten. Camp Quality gives them time out from the trauma.

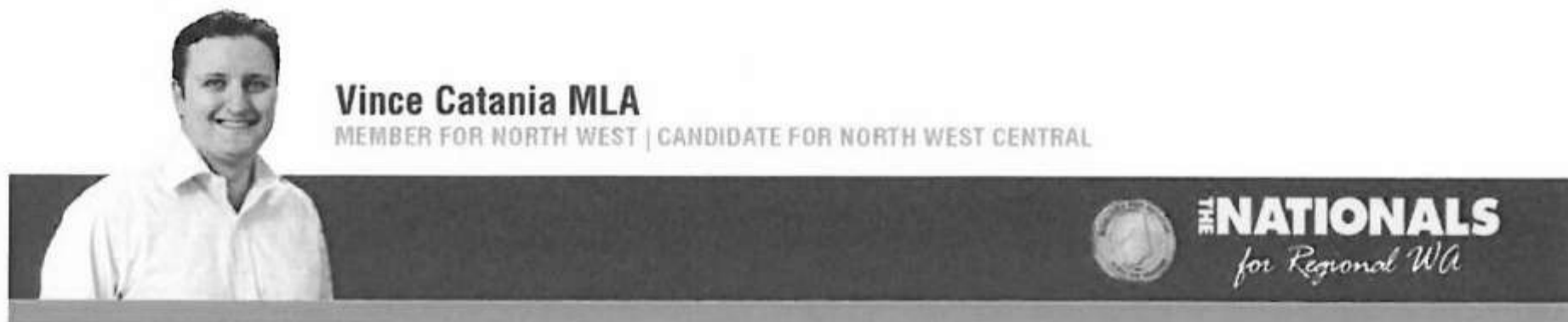
Camp Quality looks after our family. Financial burdens have been heavy. Without them, we wouldn't have been able to have family escapes.

Camp Quality continues to be a very bright light in a very dark hole."

-Alison, Jake's mum



Jake and family



4th July 2013

Nominate a community member for the WA Education Awards

Member for North West Central, Vince Catania, is encouraging community members to nominate an inspirational teacher for the 2013 WA Education Awards.

The awards celebrate schools and staff who have achieved outstanding results in education throughout the year.

“Children, parents and community members have the chance to nominate a teacher who has made a difference to their life,” Vince said.

“It’s a great opportunity to thank individuals and schools for their dedication to the education and development of our youth.”

The categories for the 2013 WA Education Awards include:

- WA Premier's Early Childhood Teacher of the Year
- WA Premier's Primary Teacher of the Year
- WA Premier's Secondary Teacher of the Year
- WA Secondary Principal of the Year
- WA Beginning Teacher of the Year
- WA School Support Staff Member of the Year
- WA Primary School of the Year
- WA Secondary School of the Year.

Kirsten Hunter, a science teacher at Tom Price Senior High School, was one of the eight successful recipients for the WA Beginning Teacher of the Year (2012) award. Kirsten has successfully established a professional learning group for teachers to discuss strategies, behaviour management and student issues. She also developed a program on Haematology, which was utilised in the Pilbara-wide Academic Enrichment Program for gifted and talented students. Lisa Ledger, principal of Tom Price Primary School, was one of three state finalists under the WA Primary Principal of the Year category.

“North West Central has outstanding educators who deserve to be recognised and the WA Education Awards are a great way to do this,” Vince said.

Winners in each category receive a cash prize. They will also be provided with professional development opportunities to further their careers. All finalists will receive an invitation to the WA Education Awards presentation breakfast on Monday 2 December 2013 where the winners will be announced.

Nominations for the WA Education Awards close at 5pm on Friday 16 August 2013. For more information visit www.det.wa.edu.au/educationawards

Media Contact: Vince Catania (08) 99412 999

Kangaroo Stew

A rich thick - and easy - kangaroo stew using a supermarket casserole mix. Beef may be substituted for the roo but the gamey flavour of kangaroo makes for a nicer dish.



Ingredients

Serves : 10

- 5 brown onion chopped
- 2.5kg (approx) of kangaroo fillet cut into 2cm cubes
- 5 packet of Beef and Red Wine Casserole mix (powder)
- 2 and a 1/2 cup beef stock
- 5 dashes of Worcestershire sauce
- 5 tin (400g) chopped tomatoes



Directions

Preparation: 15min › Cook: 1hour 10min › Ready in: 1hour 25min

1. Fry the onion in a saucepan with a little oil
2. When the onions go clear, add the roo and fry on high heat till seared
3. Add the casserole mix and tinned tomatoes and continue stirring well
4. Add the beef stock, Worcestershire sauce and turn down to low heat to simmer
5. Simmer the stew for about 1 hour or until the roo is nice and tender
6. You may add some new potatoes or cut potato pieces when there is about 30-40 minutes left if you like

Emu and rocket on rye

Recipe by Mark Olive from The Outback Café

Ingredients

- Rye bread crusts removed and cut into 1/2cm slices
- Olive oil
- 200 g emu
- 1 teaspoon kutjera powder
- 1 teaspoon mountain pepper
- 1 tomato finely diced
- rocket finely chopped
- 1 small onion finely diced
- 2 teaspoons river mint
- 1 capsicum thinly sliced



Method

1. Preheat oven to 180°C.
2. Brush bread with olive oil and bake in a moderate oven for 5 minutes until crisp.
3. Brush emu fillet with olive oil, coat with kutjera powder and mountain pepper. Seal fillet on a hotplate and place in the oven for 5-10 minutes to cook through medium rare. Remove from oven and rest for 5 minutes. Finely shave.
4. Meanwhile, place tomato, onion, rocket and rivermint in a small bowl and mix to combine.
5. To serve, place tomato rivermint mix onto rye bread and top with shaved emu and garnish with capsicum spears.

Buttermilk scones

Sunday is the perfect day for scones, and this recipe provides you with some great sweet and savoury variations.



Ingredients

- 3 1/2 cups self-raising flour
- 2 tablespoons caster sugar
- 60g butter, chopped
- 1 1/2 cups buttermilk
- jam and whipped cream, to serve

5 EASY 16
INGREDIENTS DIFFICULTY MAKES

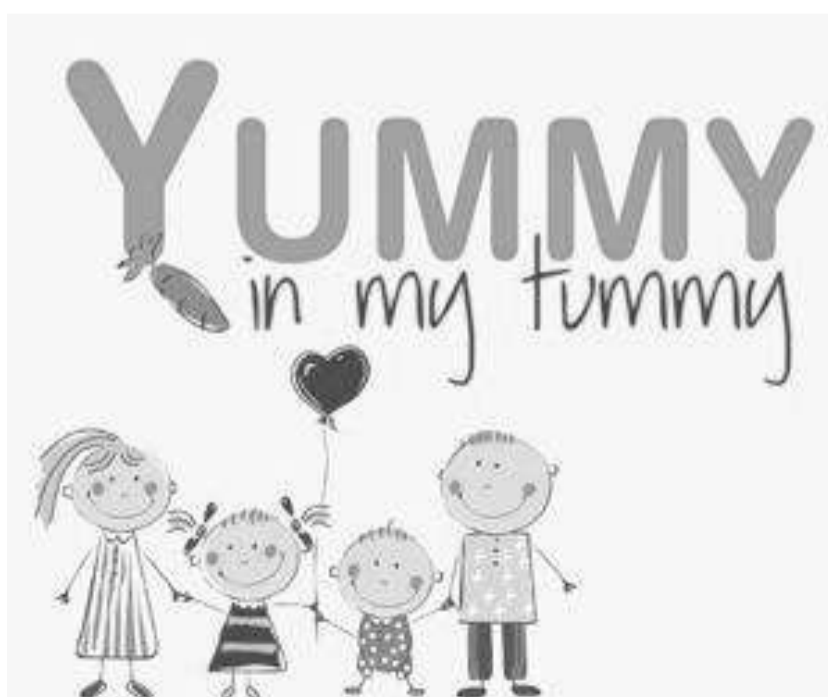
Preheat oven to 220°C/200°C fan-forced. Grease and flour a 8cm-deep, 19cm (base) square cake pan.

Place flour, sugar and a pinch of salt in a large bowl. Add butter. Using fingertips, rub butter into flour mixture until mixture resembles fine bread-crumbs.

Make a well in the centre. Add buttermilk. Using a flat-bladed knife, stir until dough almost comes together. Place on a lightly floured surface.

Knead gently until dough comes together. Press out to a 3cm-thick round. Dip a 5cm round cutter into flour to prevent dough sticking. Cut out scones. Gently press leftover dough pieces together and repeat to make a total 16 scones.

Place scones, touching, in prepared pan. Bake for 15 to 17 minutes or until light golden and hollow when tapped on top. Serve with jam and cream.



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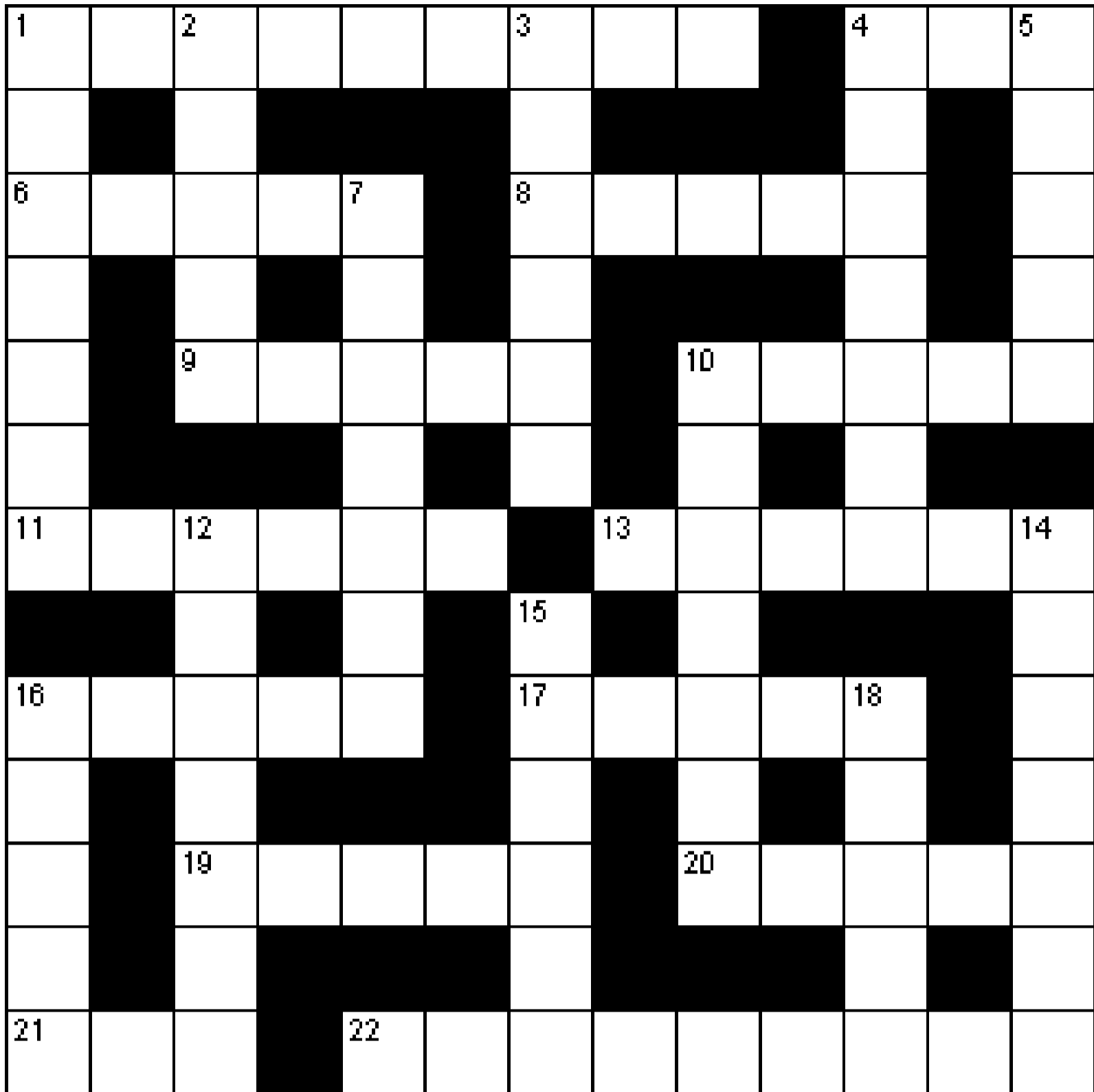
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Down

- 1. English courtier and North Carolina have a name in common (7)
- 2. Waterway discovered in American alps (5)
- 3. Converted cave got rot (6)
- 4. Navigation direction all at sea in barge (7)
- 5. A separate role? (5)
- 7. Nabs eel, empowers change (7)
- 10. Very small head of state forms units (7)
- 12. Mine are still in closest proximity (7)
- 14. Adjusted tin cane so it appeared very old (7)
- 15. Design visible in habitat too (6)
- 16. Snake seen in Monaco brasserie (5)
- 18. Large rodent in decoy puzzle (5)

Across

- 1. Change gentle arc into simple shape (9)
- 4. Constrictor found in Arab oasis (3)
- 6. Spear displayed in clan ceremony (5)
- 8. A final letter, in Greek (5)
- 9. Smallest amount discovered in whole asteroid (5)
- 10. Tom is confused and slightly wet (5)
- 11. Used to open a freehand letter, essentially (6)
- 13. Mix-up in game conundrum (6)
- 16. Applauds circuit between initial Castle and Square (5)
- 17. Room at the top included in seat ticket (5)
- 19. Regular kind of shirt phenomenon (5)
- 20. Distinctive elegance in dusty legacy (5)
- 21. Small insect found in pantry (3)
- 22. Female advisor sounds like a painful relative (5,4)

Taking Care of Your Ears



As body parts go, your ears don't ask for much. They don't need to be brushed like your teeth or trimmed like your toenails. All your ears need is to be washed regularly, so wash them with soap and water while you're sudsing up the rest of your body in the bath or shower.

The Facts on Earwax

You might wonder about earwax and whether it needs to be cleaned out. Actually, even though earwax seems yucky, it serves a purpose. Your ear canal makes earwax to protect the ear. After it is produced, it slowly makes its way to the opening of the ear. Then it either falls out or is removed when you wash. If you want, you can clean the opening of your ear gently with a washcloth.

There's an old saying that you shouldn't put anything smaller than your elbow in your ear. Not all old sayings are true, but this one is! You can hurt your ear by poking around in there. It's not even a good idea to use a cotton swab. This can push wax deeper in your ear, where it can get stuck. Irritating the ear canal with a cotton swab can even lead to an ear canal infection.

And definitely don't put anything sharp in your ear because it can cause bleeding or serious damage. If you think you have dirt or too much earwax in your ear, ask your mom or dad to help you clean it out.

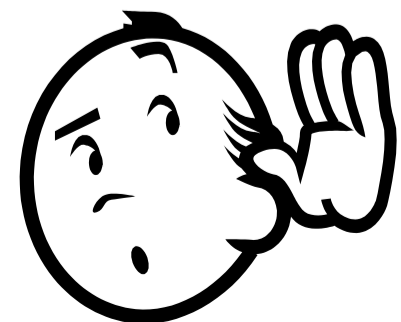
Tips for Swimmers

Sometimes, swimming can lead to a case of swimmer's ear. That's when your outer ear gets infected, causing swelling and pain. This happens when water gets stuck in your ear canal. This can irritate the skin, making it easier for bacteria to invade the skin and cause an infection. If you think you have swimmer's ear, your mom or dad needs to call the doctor. Special ear drops can help you get rid of it.

To prevent swimmer's ear, dry your ears after swimming and shake out excess water, especially if you feel it stuck in there. Again, with your parent's help, special ear drops can dry out any moisture in there. Drying your ears will keep you — and your ears — in the swim!

Ears, Hot and Cold

Now you know how to keep your ears happy underwater, but what about when it's hot outside? When the sun is beating down, wear a hat or remember to rub some sunscreen on your ears, so they don't get fried. And when winter rolls around, keep them covered up with a hat or headband. Why? Because when it's freezing outside, it's easy for ears to get frostbitten. Brrrr!





Shire of Murchison

"The Shire with no Town"

Carnarvon-Mullewa Road, Murchison, W.A.
 Postal Address: PO Box 61, MULLEWA WA 6630
 Tel (08) 9963 7999 Fax (08) 9963 7966
 Website: www.murchison.wa.gov.au
 E-mail: ceo@murchison.wa.gov.au

PRESS RELEASE

The BEST Star Show in WA is coming soon!

The best star show in Western Australia is just a few weeks away.

Saturday August 17 will mark the Murchison Astronomy Festival at the Murchison Settlement. Anyone interested in astronomy is invited to attend the Murchison Astrofest 2013 which kicks off at 11.00am.

Our Key Note Speakers for this year are Dr Lisa Harvey-Smith -CSIRO's ASKAP Project Scientist and Dr Ken Freeman – Winner, 2012 Prime Minister's Prize for Science.

The Wajarri Bush Professor will be on hand conducting guided walks, highlighting the unique plants and animals found at the Murchison Settlement. There will be a display of Aboriginal bush foods and opportunity to sample bush tucker.

Also, presenting at the Murchison Astrofest is Ken Lawson from the Geraldton Astronomy Group who will be speaking about qualities to look for when buying your first optical telescope. If you already have a telescope, bring it along and get some expert advice and assistance.

Night sky viewing will get under way after a sumptuous Astro-Feast prepared by well known Geraldton Chef Terry Taylor.

In the evening, join Rob Hollow (CSIRO Astronomy & Space Science) for a celestial tour of the night sky. Rob will interpret the Murchison night skies – to the haunting sounds of the didgeridoo.

Thanks to the Geraldton Astronomy Group and ICRAR (International Centre for Radioastronomy Research) there will be telescopes available for public viewing of the universe after dinner.

Bring your swag and camp under the stars and you too will understand why the CSIRO and other international astronomers are star struck by the Murchison!

Registration Cost:

\$80/family (2xadults; 2xchildren aged 12 and under)

\$20/child (aged 13 -16)

\$35/adult

Registration costs entitles participants to 3xmeals (lunch, dinner and breakfast) by prepared by Chef Terry Taylor.... plus access to all talks and activities.

Booking is essential, so please register your interests in attending the Murchison Astronomy Festival by contacting Sandy McTaggart (E: sandimac@bigpond.com) or Priscilla Clayton (CSIRO Astronomy & Space Science) on (08) 9923-7755 or Priscilla.Clayton@csiro.au



Kid's Corner

Verbs Matching
©www.kids-pages.com

Match the words with their corresponding images:

- cry
- laugh
- climb
- cook
- wait
- watch tv
- dance

Insects

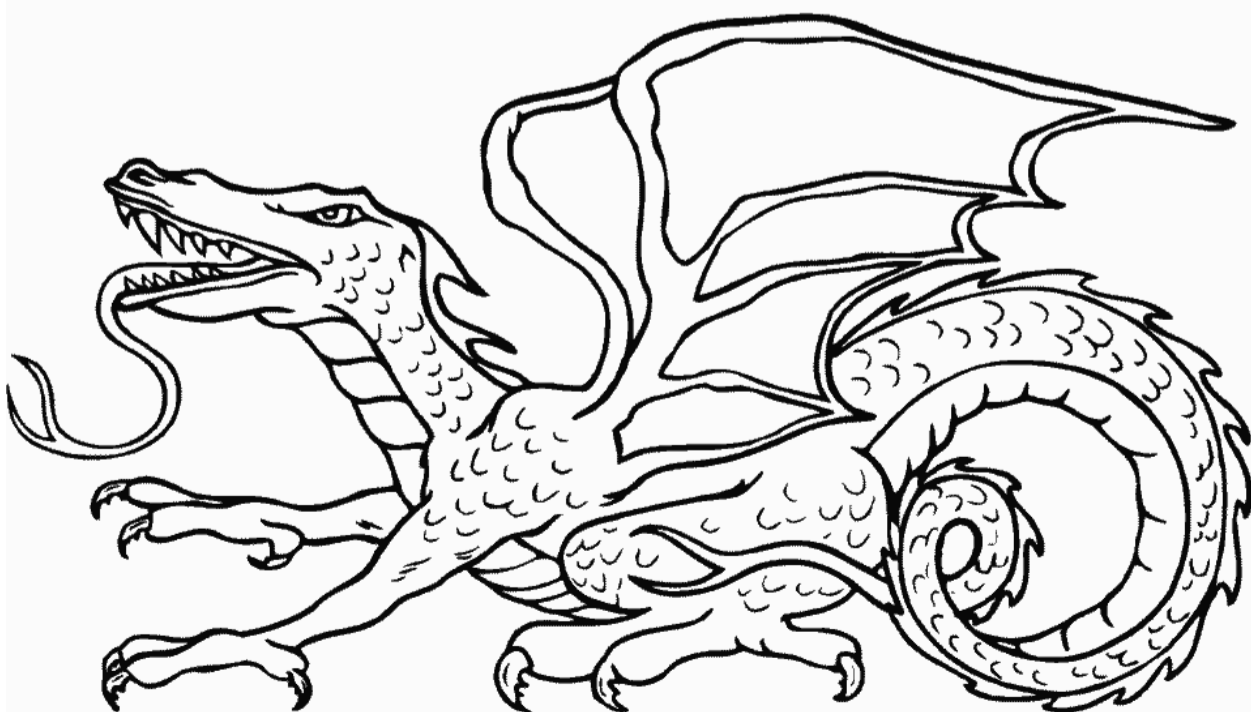
Across

1. A flying animal that eats insects.
3. A white insect that is the ants' enemy.
5. A cup ___ tea.
8. The top of a jar.
10. How many legs do insects have?
11. Yes ___ no.
12. A red insect with black spots.
14. Turn the light ____.
15. A long flying insect.

Down

1. An insect that makes honey.
2. An insect that lives in a colony.
4. An insect that drinks blood.
6. An insect that makes dogs itchy.
7. An insect that is bright at night.
9. Not night.
13. Open the ____.

www.bogglesworldesl.com

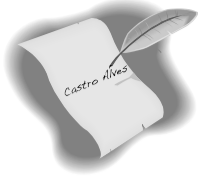


He walks with his back?

A Ship

I have an eye, but cannot see.
Who am I?

A Needle.



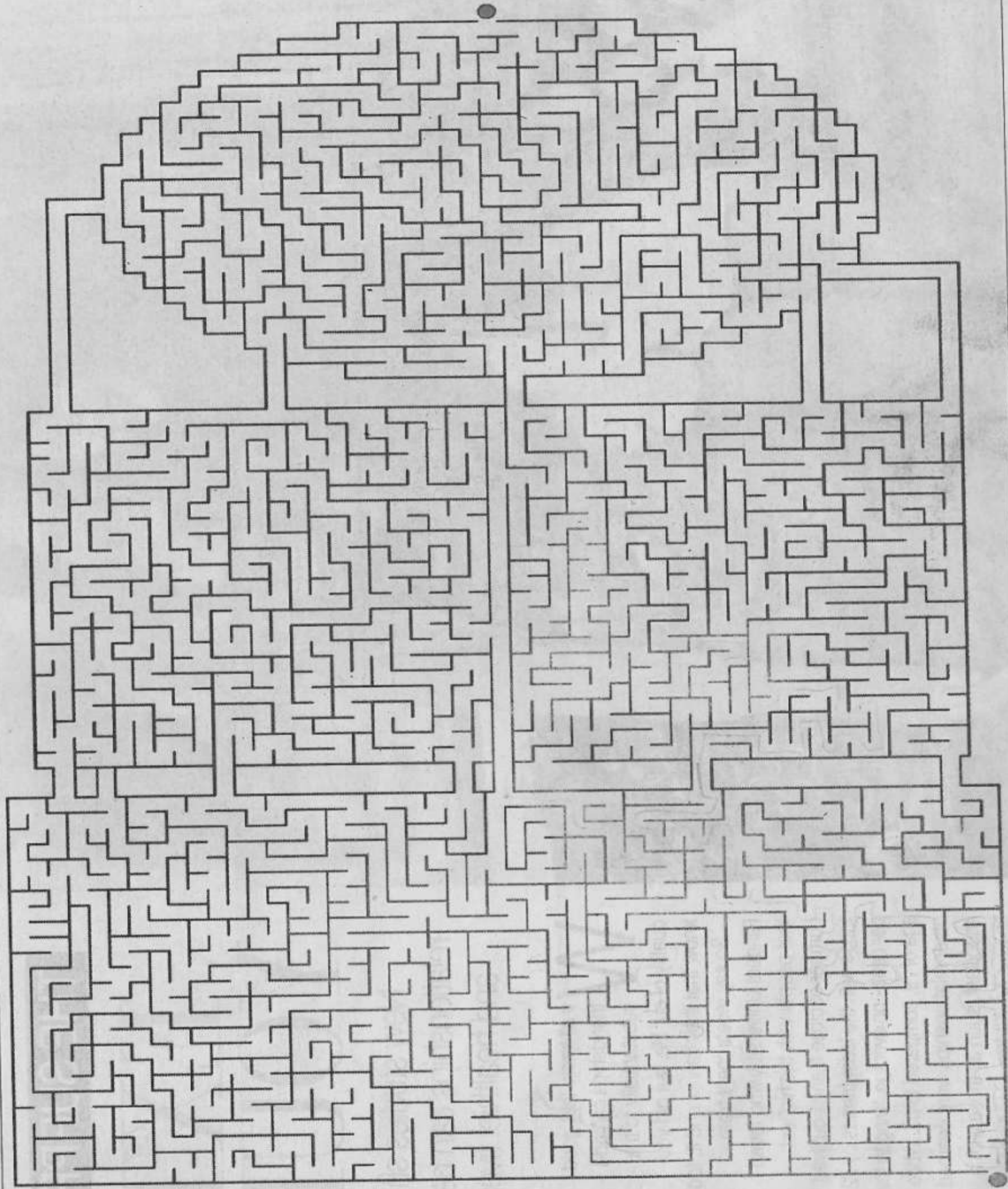
Poems and Stories by M. Pauline Davies



Parking Meter Woes

Sitting in the Car,
In a busy downtown street,
Thinking of solutions,
A problem to be beat,
Having lots of money,
Would make it go away,
But have you ever been there,
With none to pay your way,
Waiting for the meter to have less time upon it,
Waiting, praying, hoping,
That when these coins go in,
You'll have the right amount
All that's needed is two hours
But teachers never think,
That maybe its a short pay week,
In which you will sink,
Can't afford a fine,
Too many other debts, can't afford the parking meter,
The class may have to wait.

By: M. Pauline Davies
2013



A-MAZE YOUR MIND

Mazes give your brain a great workout. They help with concentration, forward-thinking, attention to detail, and patience. This maze, like life, has more than one journey.

MEET THE B+S SUPER- TRIVIA GUY

Ric Allport creates puzzles and quizzes, such as this maze (right), for a living and is a strong believer in the "use it or lose it" philosophy when it comes to brain health. He has worked closely with Alzheimer's Australia and is endorsed by the Brain Foundation and Stroke Recovery Association of NSW. He also runs monthly online newsletter The Brain Food Factory. Look out for his puzzles in future issues.

Calling all nature and music lovers

Bush Heritage Australia together with the Shire of Perenjori presents a day-night event that is set to engage, inspire and delight you all.



Charles Darwin Reserve Open Day & Blues for the Bush Concert

Saturday 5 October, 2013
Charles Darwin Reserve, Perenjori
10am – 12am



Bring your family to the Charles Darwin Reserve Open Day for FREE entertainment and attractions, including:

- 'Paddock Performers' for the young and young at heart
- Engaging and thought-provoking talks for pastoralists and farmers
 - Nature and conservation activities
 - Informative tours of the Charles Darwin Reserve
- Art and cultural activities and displays for your participation and enjoyment
 - Delicious homemade morning and afternoon tea

Stay on into the evening for the Blues for the Bush Concert. Bring your camping gear and dancing boots and enjoy the performances of talented blues and roots musicians hailing from within our region and across Australia. Tickets for this family-friendly concert will go on sale soon.

To be the first to hear about the good times we have in store, log onto

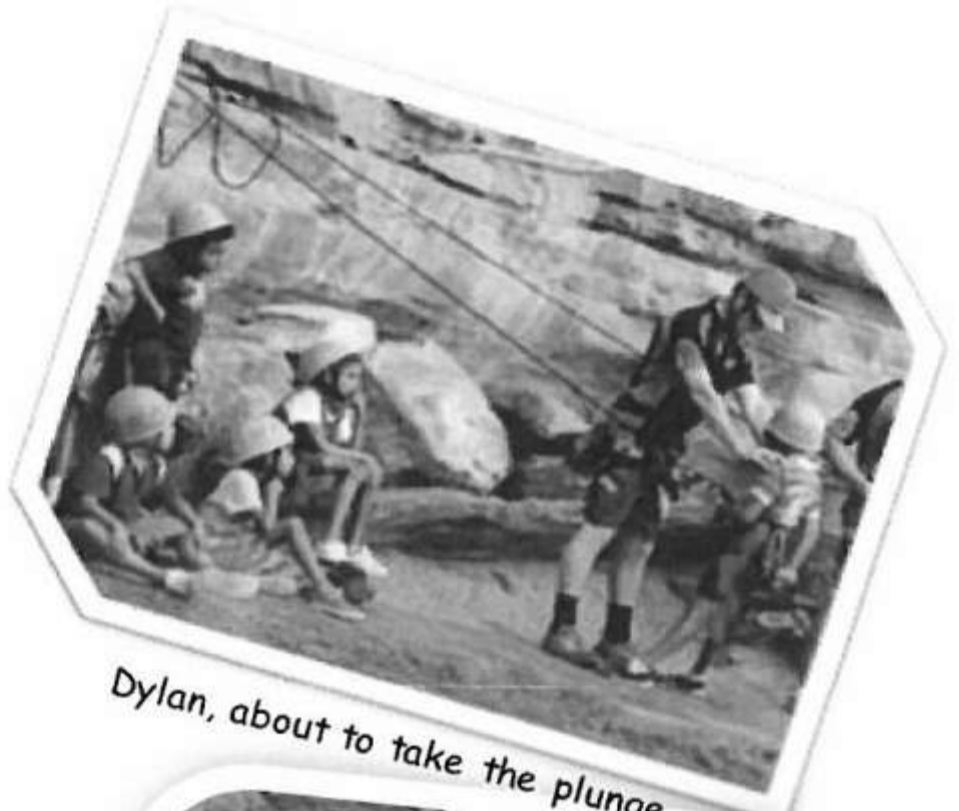
bluesforthebush.org.au

Kalbarri Camp

In the last edition we promised the pics of the kids actually coming down the cliff...well here they are!



Juan goes off the edge first! Go Juan



Dylan, about to take the plunge



Thelma...having a laugh on the way down



Cody braves the drop



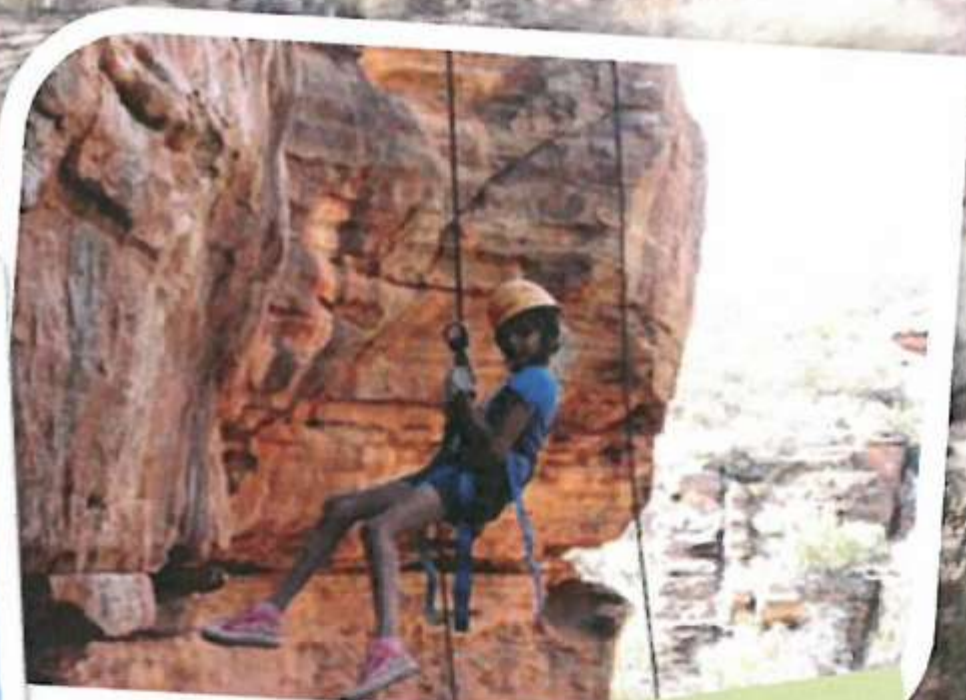
Coen and Craig braving the cliff face



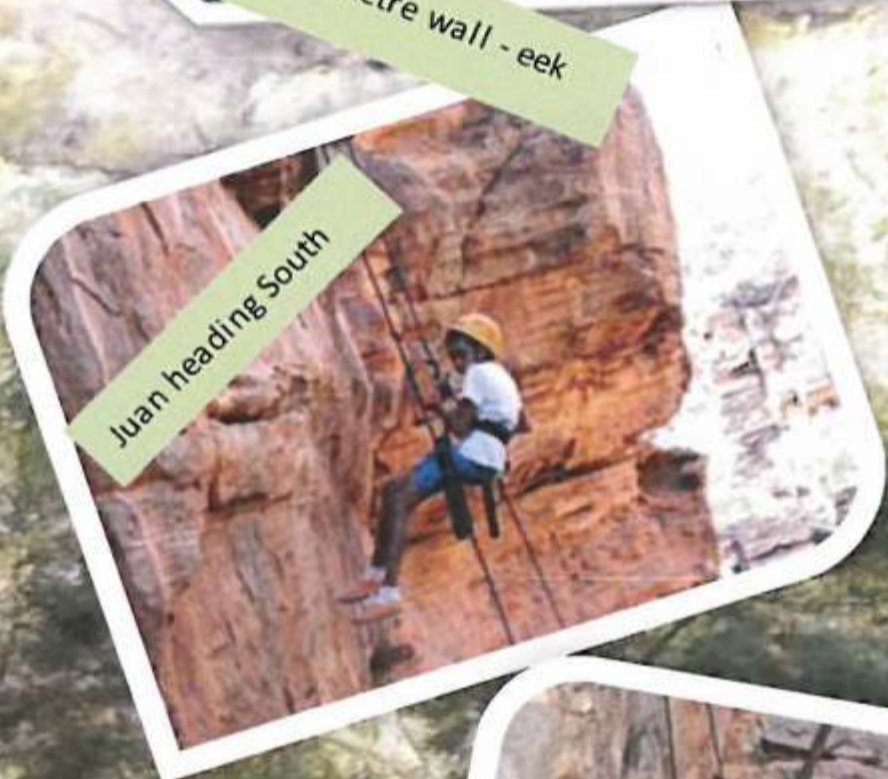
Waylan cruising



Cody off the 20 metre wall - eek



Charmain: No worries



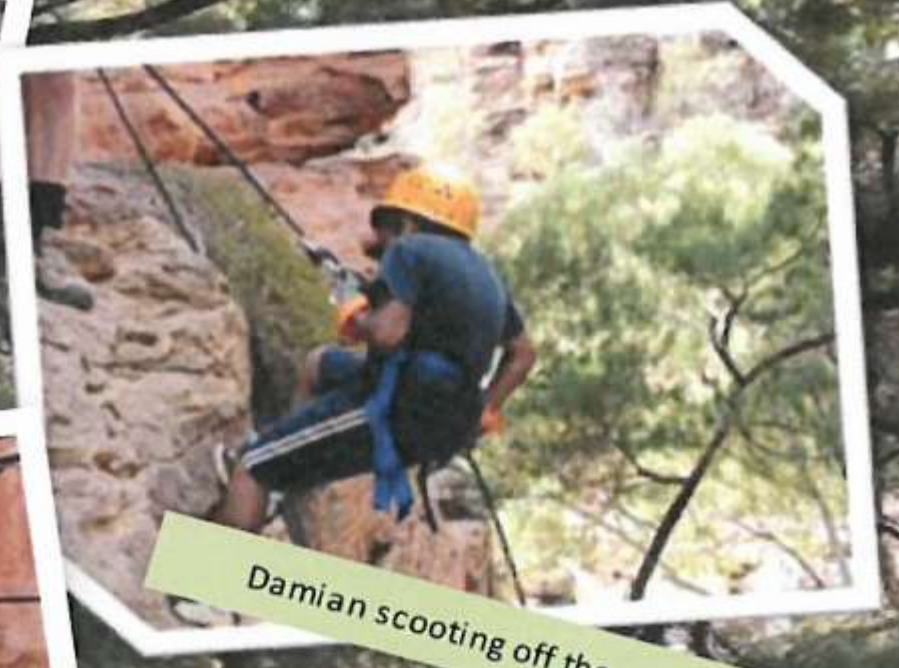
Juan heading South



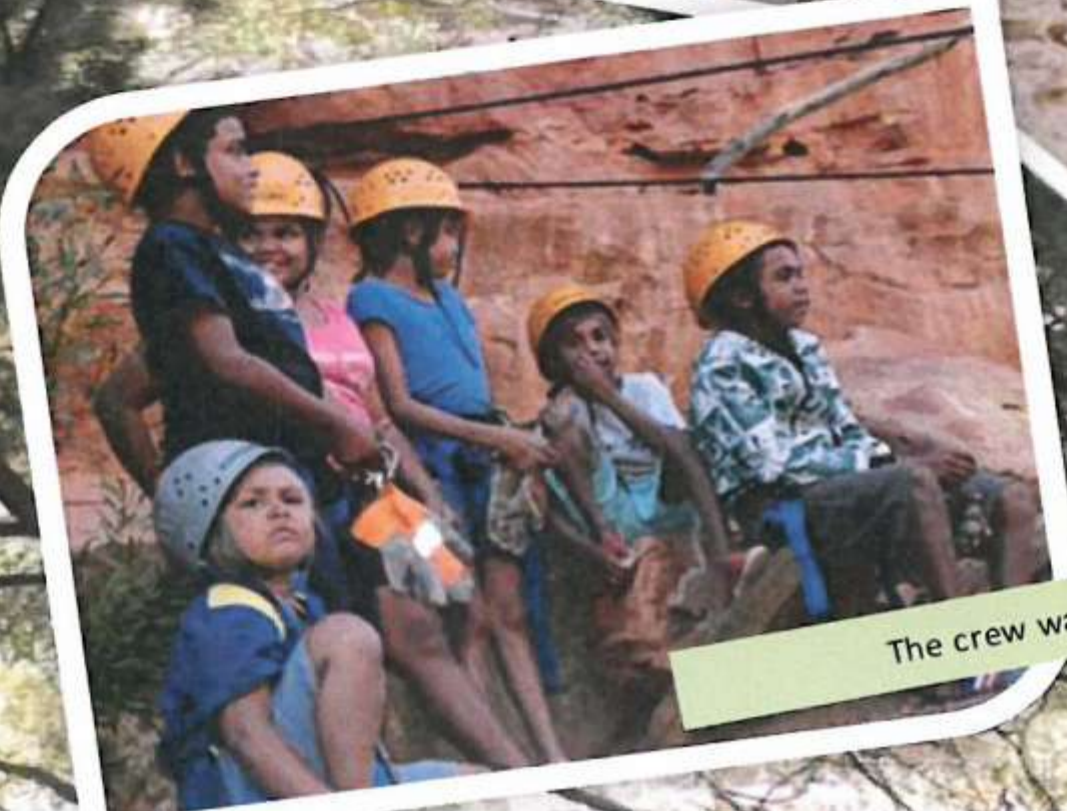
Kobi swinging in the breeze!



Mmm, almost there



Damian scooting off the edge



The crew waits

MURDOCH UNIVERSITY STERILISATION PROGRAM

Veterinary students from Murdoch University under the guidance of Professor Robinson came to Yalgoo and performed pet checks, vaccinations and sterilisation

