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YALGOO BULLDUST



**Adam Fawkes
Councillor**



**Sharon Daishe Yalgoo Shire CEO with
Raul Valenzuela
Deputy President**

The Newly Elected
Yalgoo Shire President
Deputy President
& Councillor



**Sharon Daishe CEO with
Terry Iturbide
Yalgoo Shire President**

GENERAL DISCLAIMER

The Yalgoo Bulldust is published by the Shire of Yalgoo as a public service for the community.

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REMINDER – DEADLINES FOR BULLDUST ENTRIES

The deadline for articles and notices to go into the Yalgoo Bulldust is the second last Friday of every month.

Contributions can be left at the Shire of Yalgoo Office or email to reception@yalgoo.wa.gov.au

Advertisement

Do you want to promote what you have to offer?

The Yalgoo Bulldust can help you.

At the Shire we can place an advertisement in the bulldust for the following charges:

Advertising Commercial - Full Page	(Black & White)	\$34.00
Advertising Commercial - Half Page	(Black & White)	\$23.00
Advertising Commercial - Quarter Page	(Black & White)	\$17.00
Advertising Community - All of above	(Black & White)	<u>FREE</u>

Please call the Shire If you have any enquiries on 08 9962 8042

From the CEO's desk

November 2013



Goo Fest— a celebration of projects for our community

Yalgoo buzzed with activity on Friday 06 September 2013 when the Shire officially opened fourteen community infrastructure projects with a total value of \$5.26m.

The Shire has used \$650,000 of its own source funds as leverage to attract over \$4.5m in funding from state government, federal government and other organisations.

The undercover sport and recreation facility at the Yalgoo Community Hub was the flagship project. This area comprises a unique multi-function facility known as a rage cage which offers a variety of sporting options on the one court such as soccer, cricket, softball, basketball and hockey. The rage cage is complemented by a BMX track, skate park, mini-golf course, netball court and children's playground. Hopscotch and four square areas are marked out on the rubberised surface of the facility. A water playground completes this area, providing a range of healthy activities for all age groups.

Importantly, the facility is open for all to use and we encourage visitors to take advantage of the Yalgoo Community Hub sport and recreation facility. Stop in for a visit, or plan an activity with your school group. If you are bringing a group for structured activities please phone the Shire so we can avoid clashes.

Other projects that were opened included the very welcome Yalgoo Nursing Post which has provided a purpose built facility for medical services. The Shire is particularly proud of the attractive rammed earth executive residence at 48 Gibbons Street, which has lifted the profile of the main street. The first non-transportable home built in decades in Yalgoo, the house is constructed to last many years longer. Rammed earth also has natural insulating properties to keep heating and cooling costs down.

Making up the total of fourteen were a range of smaller projects included refurbishments at the Yalgoo Community Hall, ADSL and exchange upgrade, first stage upgrades at the caravan park including residence, six new drive-through bays and a dump point, crib room at the Shire depot and a range of solar lighting projects including the Yalgoo airstrip. A water-wise reticulation project has greatly improved our ability to keep the town green whilst reducing water use.

Sealing of the Morawa Road has a high community impact and is nearly completed with only 17 kilometres remaining. When fully sealed the road provides direct sealed access to Perth and all weather access to the Super Town of Morawa. Through the efforts of the Shire to attract funding, sealing is expected to be completed five years earlier than planned. Finally, the Yalgoo Cemetery project has shown great respect through tidying up the overgrown area and adding signs, a grave site map, rammed earth niche wall and some all important shade. Extensive research was required to establish the list of graves.

The project opening was followed by two days of community celebration culminating in a revival of the Yalgoo Emu Cup. Although the concert on Friday was rained out we all enjoyed the spectacular fireworks that lit up the sky, interspersed by a lightning show.

The opening of these projects is a milestone, but the Shire is still working to improve community infrastructure.

Projects under way this year include a major upgrade to the caravan park, enhancements to the flag area at Community Park which will include the Aboriginal flag and a war memorial, further sealing of the Morawa Road, and a caravan day parking area at Paynes Find.

The Shire is also designing and costing the Youth and Community Centre and the Volunteer Emergency Services Training and Operations Centre (VESTOC) that will include redeveloping the Shire depot. These are both expensive projects, and the business case must be prepared first to establish the design and the cost. The Shire can then use the business case to apply for funding.

These projects have been made possible by the enthusiasm and hard work of Shire staff, and the support of a forward thinking Council.

The Shire will keep consulting with you, the community, on projects including the town site revitalisation. Watch out for invitations in the Bulldust so that you get to participate in making decisions for your town and Shire.

Sharon Daishe
Chief Executive Officer

The Newest & Youngest Member to Council!

My name is Adam Fawkes and I am honoured to be in the position of Shire Councillor in Yalgoo. I have lived in country Western Australia all my life and have been a teacher in the Mid-West and Gascoyne region for eight years.

My family background is in mining and as a child I was schooled in Meekatharra, Leonora and later Beverley in the Wheat belt. After completing school at 17 I worked on a tree farm in Cunderdin and then worked around the area for two years before returning to studies. I moved to Bunbury to work on a mining expansion project as a contractor. It was after this I went to TAFE to do Land Management and Occupational Health and Safety. While at TAFE I was given the opportunity and completed my Bachelor of Education and Creative Writing with minors in Arts

My first posting as a teacher was in Burringurrah and I have worked at Mount Magnet and Binu also.

My time in Yalgoo has been very enjoyable. I like the diversity of the people and the friendly nature of the town. I am very passionate about ensuring that the shire of Yalgoo remains a safe, friendly and inviting community.

I am passionate about promoting the benefits of living in a country area and ensuring that those of us who do, have the same opportunities as any other Australian. I believe one of my strengths is the ability to listen to people within the community and voice their opinions and concerns.

I see a lot of potential within the shire of Yalgoo and I look forward to representing the community on the Council. I am willing to listen to any concerns you may have. Once again thank you for this opportunity.



HAPPY BIRTHDAY

4th Marjorie Little

17th Claudine Simpson

If you would like to see yours or even a loved ones birthday displayed in the bulldust for all to see
Please contact the shire to let us know.

08 9962 8042



COUNCIL MEETINGS 2013

Yalgoo Chambers

11:00am Thursday
5 December 2013

Council meetings are open to
the public

Joke

Lucky Driver

A police officer pulls over a driver and informs him that he has just won \$5,000 in a safety competition, all because he is wearing his seat belt.

"What are you going to do with the prize money?" the officer asks.


The man responds, "I guess I'll go to driving school and get my license."

His wife says, "Officer, don't listen to him. He's a smart aleck when he's drunk."


The guy in the back seat pops up out from under the blanket and says, "I knew we wouldn't get far in this stolen car."

Just then a knock comes from the trunk and a voice calls out, "Are we over the border yet?"

NOTICE




Government of Western Australia
Department of Transport



SHIRE OF YALGOO

Licensing Hours

9am - 12pm
Monday - Thursdays



ONLY

Yalgoo Library



Reminder

The library is open during office hours
9am to 4pm

New books arrive every month

Register at the front desk for your very
own Yalgoo Library card

COMMUNITY NOTICE

Dog & Cat Registrations Due NOW! - 1 November 2013

All dogs over three (3) months of age must be registered. Dogs should be registered with the Council where they normally reside. Should you move within the State, you do not have to re-register your dog, but the change of address must be given to the Council where the dog is currently registered. All registrations are due on the first of November each year and run either one year or three years.

Registration helps you to recover your dog if lost and assists the Council to encourage responsible dog ownership and provide services to dog owners for the benefit of the entire community.

A person under 18 years of age may not lawfully register a dog in his / her name. The dog must be registered by a parent or another adult who will then be regarded as the lawful owner.

Upon production of a Pensioner Concession Card or both a Commonwealth and State Seniors card pensioners may register their dogs for half the prescribed fee.



	Year 1	Year 3
Unsterilized	\$30.00	\$75.00
Sterilised	\$10.00	\$18.00





M E E D A C

NOTICE



Mission Australia & MEEDAC

Invites members of the Yalgoo Community to a

Community Consultation Meeting Relating to the Community Action Plan linked with the Remote Jobs and Community Program

**This is a chance for YOU to have YOUR say on
the future of your community**

Where: Yalgoo Railway Station Complex

When: Tuesday 6th November 2013

Time: 11.00am

**Please feel free to join us
afterwards for a sausage sizzle.**



Australian Government



Centrelink
giving you options



MEEDAC

ROAD NOTICE

Anyone using the Great Northern Highway Please Note

WA Main Roads will be undertaking road works from Paynes Find South for 40km during the period 18/11/13 to 31/3/14.

Shire of Yalgoo

Schedule of Fees and Charges

CAT FEES

At the ordinary meeting of Council it was resolved C2013-1017 to adopt the following additions to fees and charges. In accordance with the Cat Act 2011, fees and charges for the registration of cats are as per regulations. These are to take affect from 1 November 2013,. For 2013/14 these fees are as follows:

Item	Fee	Amount
1.	Annual Registration of a cat, unless concessional fees are applicable	\$20
2	Concessional registration fee	
a)	a) Three year registration period b) Pensioners	\$42.50 \$21.25
b)	i) Lifetime registration period ii) Pensioners	\$100 \$50
C)	Registration after 31 May in any year for that registration year	50% of fee payable otherwise
3.	Annual application for approval or renewal of approval to breed cats (per cat)	\$100



CAO7 Restricted Access Vehicles

At the ordinary meeting of Council it was resolved C2013-1018 to give public notice of its intention to set fees for processing of CAO7 (restricted access vehicle) applications from 1 January 2014. The proposed fees are to be as follows:

- \$50.00 (plus GST) – single journey, less than 50,000 tonnes per annum;
- \$200.00 (plus GST) – annual authority, less than 50,000 tonnes per annum;
- \$550.00 (plus GST) plus cost recovery – any application for 50,000 tonnes or more per annum.

Yalgoo Business Contacts

The following services are available in Yalgoo

Shire Of Yalgoo

Library
Licensing Centre
Information Centre

Fuel Cards \$25's & \$50's

Building Surveyor
Museum & Chapel Keys
Yalgoo Bushfire Brigade

PO Box 40, 37 Gibbons Street,
Yalgoo WA 6635
Ph: 08 9962 8042
Fax: 08 9962 8020
E-mail: reception@yalgoo.wa.gov.au



Office



Access Point
Open: 8am - 12pm

House cleaning
Yard cleaning & Mowing
House & Fence painting
Tiling
Aboriginal Art
Training Opportunities

Contact: Victor Ware on
PH: 9962 8323

24 Gibbons Street,
YALGOO WA 6635



Play Group
Op Shop
School Holiday Activities
Interagency Meetings
Community Meetings
Services for Children, Youth,
Parents & Families.


For enquiries call Mata on
9962 8207

Or visit him at the Community Hall
14-15 Shamrock Road
YALGOO WA 6635

Yalgoo General Store

Open 7 days a week

Opening Hours
Monday to Friday
8.30am - 5.30pm
Saturday 8.30am - 1.00pm
Sunday 10.00am - 12noon



Contacts: Ivonne and Raul Valenzuela
Ph: (08) 9962 8033

The Yalgoo Nursing Post



Nurse: Carol Hall

Opening hours Monday to Friday
8.30am - 12.30pm
2.30pm - 4.30pm

RFDS & AMS Doctors visit regularly

To make appointments
Contact: (08) 9962 8600
or visit
20 Gibbons Street, Yalgoo WA 6635

Yalgoo Hotel Motel




Opening Hours 7 days a week
12pm - 2pm
4.30pm - late

Meals
Dine in or Take away
Lunch 12pm - 2.45pm
Dinner 6pm - 7.45pm


Kitchen Closed Monday's

Accommodation: Rooms & Units
For enquiries please call
Stan Willock and staff on
9962 8031

Yalgoo Primary School

Open Monday to Friday
7.30am - 3.30pm
Ph: (08) 9962 8024
Henty Street, Yalgoo WA 6635




Yalgoo Police Station

Rostered Office hours,
depend on operational requirements

Emergency
000

Yalgoo Police Station Ph 9962 8024
Selwyn Street, Yalgoo WA 6635



Yalgoo 24hr Fuel Station

Available 24hrs 7 days a week
Key Cards, Debit Cards & Credit Cards
with Pin ONLY

Fuel Cards available at Yalgoo Shire Of-
fice
\$25 & \$50

Any issues with Machine
Report to the Yalgoo Shire Office
Any issues With Fuel Cards
Contact Geraldton Fuels on
Ph: 08 9920 8000

Paynes Find Business Contacts

The following services are available in Paynes Find

Paynes Find Road House & Tavern

Opening Hours

Monday—Saturday 5am—12Midnight

Sunday 5am—10pm



Meals: Dine in or Take Away

Accommodation:

Single/Double/Family rooms available

Caravan Park

Fuel: Ulp & Diesel

Shop for all your souvenirs & basic essentials

Ph: (08) 9963 6111

Paynes Find Gold Battery & Tourist Centre

Phone/Fax: (08) 9963 6513

paynesfindgoldbattery@bigpond.com

Open 1st August to Mid October

10 am to 4pm daily

Museum, Battery tours, Panning for gold, Wildflower Displays and Crafts.



Group bookings available by appointment.

Entry Fees:

Adults \$6.00

Pensioners \$5.00

Children \$2.00

Children under 6 are free but must be accompanied by an Adult



SEEDS: For rehabilitation please contact Elaine Taylor



Royal Flying Doctor Service

Proudly serving Australia for 85 years

Royal Flying Doctor Service (RFDS) – First Aid Post

24/7 Medical support for the locals, travellers, the transport industry & the wider Community.

Gail Pilmoor – (08) 9963 6068
0418 919 773

Murchison Earthmoving & Rehabilitation Pty Ltd.

- ◆ Mining Equipment Hire
- ◆ Grid Lines & Sumps
- ◆ All Mill & Minesite Clean-ups
- ◆ Bulk Sampling
- ◆ Gold Treatment & Smelting
- ◆ Bulk Haulage & Transport
- ◆ 08 9963 6513

If there are any other Businesses in the Paynes Find area who have any plant or equipment for hire and would like to be added to the flyer please call the Shire Office on 99628 042 with your details or fax to 99628020 or email reception@yalgoo.wa.gov.au

Job Advert

Caravan Park and Tourism Development Manager

*Work in the Outback – only 2 hours
from City and Sea*



This is an exciting new position and just like our tiny outback town, we are looking for a special person (or couple job sharing).

You must love the Australian Outback, but you will also need to have a blend of skills both physical and technical/managerial.

Does this describe you?

- Initiative and experience to develop tourism in Yalgoo
- Capable, happy and friendly with a positive attitude and passion to maintain a caravan park that is always clean, attractive and welcoming to visitors
- Capacity to lift the profile of Yalgoo Caravan Park to coincide with a major infrastructure upgrade
- Capacity to finalise Tourism Council accreditation, arrangements for an online booking system and the operating systems and procedures for the park
- Experience and ability to clean, maintain gardens, handle cash and keep quality records
- Ability to get on well with all people and deal with issues that arise in a positive and constructive way

You will need to be reliable and honest with physical ability to clean and garden, a sound work ethic, computer literacy and excellent communication skills.

Experience in marketing will be highly regarded, as will prior experience in running a successful business and/or senior tourism industry experience.

Weekend work will be required with rostered days off and flexible working hours. An attractive salary of \$65,000 p/a plus super is offered.

Housing arrangements are negotiable. Your own on-site van is not essential but would be well regarded during the construction phase (if you provide a van you will have access to an adjacent air conditioned shared kitchen/living area in a fully furnished house for comfort).

To apply please obtain an information package by emailing jobs@yalgoo.wa.gov.au. Applicants are encouraged to contact CEO Sharon Daishe on 08 9962 8042 to discuss the position before applying.

Applications close Thursday 14 November 2013



2014 Council Meeting Dates

Thursday 20 February 2014

Yalgoo Chambers

Thursday 20 March 2014

Yalgoo Chambers

Thursday 22 May 2014

Paynes Find

Thursday 19 June 2014

Yalgoo Chambers

Thursday 21 August 2014

Yalgoo Chambers

Thursday 25 September 2014

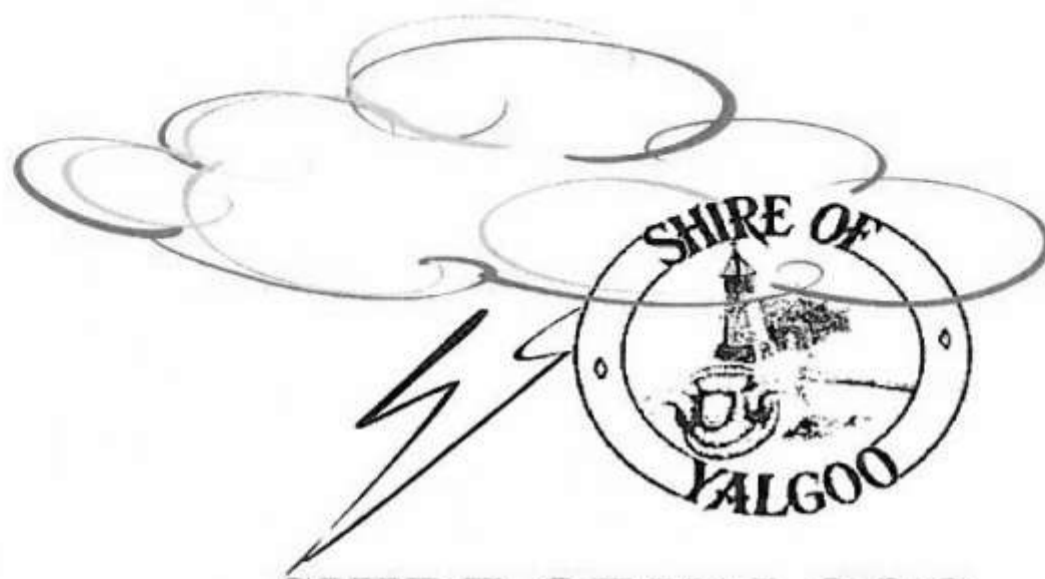
Paynes Find

Thursday 23 October 2014

Yalgoo Chambers

Thursday 16 December 2014

Yalgoo Chambers



SHIRE OF YALGOO

Local Emergency Management Committee

11:00am Wednesday 13 November 2013

To all LEMC members, company OH&S representatives and interested parties:

The next Shire of Yalgoo LEMC meeting will be held at the Railway Sporting Complex (Geraldton-Mt Magnet Rd) Yalgoo, 11:00am Wednesday 13 November 2013.

If there are any late items you wish to be discussed, please forward the items for consideration to the LEMC Chairperson, Mrs Terry Iturbide at pa@yalgoo.wa.gov.au

If you would like to attend the meeting or receive an Agenda please confirm by email or phone 9962 8042.



Yalgoo Bush Fire Brigade

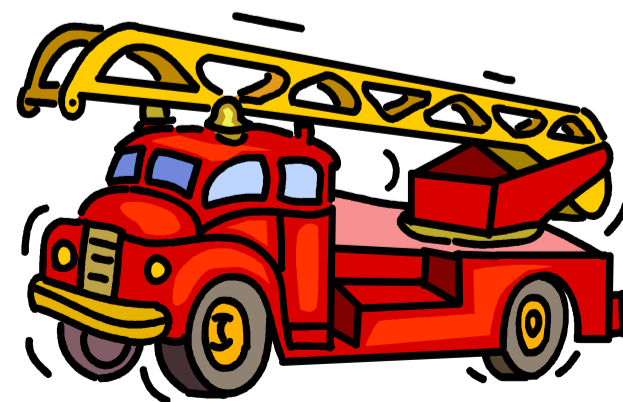
The Yalgoo Bush Fire Brigade Meeting will be held

2pm Wednesday 13 November 2013

at the BFB depot—Gibbons Street, Yalgoo

(in the afternoon following the LEMC meeting)

BBQ to follow!



Community & Youth

Development *News* from piP

The official opening of the rage cage and under-cover sports facility



On 6 September the rage cage and under-cover sports facility was officially opened by Vince Catania MP.

The Rage Cage and under-cover sports facility which incorporates a mini-golf course, skate-park, BMX track and playground was a long-time in planning and development but is now a central feature of Yalgoo. Funded by the Department of Sport and Recreation (CSRFF), Department of Regional Development, **Royalties for Regions and Variety the Children's** Charity, the new facility has already made a huge impact on Yalgoo with the kids loving it and using it every day of the week.

At the opening, Captain Rage-Cage himself appeared, to the surprise of all in attendance and after making a short speech ran a rotating demonstration of all the different sports that can be played in the rage cage and under-cover sports facility.

It was a great day and the rage cage and under-cover sports facility will contribute to the vitality of Yalgoo for many years to come.



Missing Digital Camera

The Eddy of the Road volunteers who provided the school holiday program in the second week of the recent school holidays have lost their digital camera. It went missing on their last night in town when there was the BBQ in Community Park. **Can someone please find it and return it to Mata at the hall? A small reward is offered to whoever is responsible for its return.** It must have been a mistake where someone took it home thinking it belonged to their family. So if you know where it is please let us know or get it back to us. We don't want Eddy on the Road thinking someone has stolen it...if they do they might not come back to provide holiday programs. That would be very sad as they are so much fun. Thanks for your help!

Yalgoo Town-site Revitalisation Project

Community consultations are coming up for an important shire project. The Shire has engaged Urbis Planning from Perth to develop a town-site Revitalisation Strategy.

Urbis will be here in the second week of December to meet with as many members of the community as possible to get your views on a whole range of things that are important to Yalgoo now, and into the future.

They will be talking to you about beautification of Gibbons street and the highway and what facilities should be available, how all the parks should be used and what amenities and information are available in them and also things like a tourist trail inside and outside of town.

So stay tuned...as soon as we have the dates we'll get some posters up and let you know. There will be a community feed to get as many people involved as possible.



Aboriginal Family Law Services

We had Dianne and Carol from the Geraldton based Aboriginal Family Law Services recently. They were here to promote their service and to see if there was anyone in Yalgoo who might need their support.

The service can assist Aboriginal and Torres Strait Islander people who are survivors of family violence or sexual assault; or non-indigenous people who are survivors of family violence or sexual assault IF it will benefit an indigenous person.

The service provides information, legal advice, negotiation with the other party, representation at Court, finding someone else who can help and they can do it face to face or over the phone.

The service deals with family law matters relating to children's arrangements, violence restraining orders, matters concerning welfare of children and criminal injuries compensation.

The service is at 66 Fitzgerald Street, Geraldton or they can be phoned on 9965 4654.

And of course the service is FULLY CONFIDENTIAL

While she was here, Dianne from Aboriginal Family Law services left a paper on Dadirri which is a special quality, a unique gift of Aboriginal people. Here is Dadirri explained.

'Dadirri' Deep listening explained

Aboriginal people passed on stories orally as they knew no writing. Listening to the story teller was vital to reproduce the story accurately to the next generation of story-tellers.

Deep listening describes the processes of deep and respectful listening to build community—a way of encouraging people to explore and learn from the ancient heritage of Aboriginal culture, knowledge and understanding [2].

Deep listening is also called **dadirri** in southern Queensland.

[Dadirri] is in everyone. It is not just an Aboriginal thing.—Miriam-Rose Ungunmerr-Baumann, Aboriginal writer [5]

Aboriginal writer Miriam-Rose Ungunmerr-Baumann describes deep listening as follows [1].

“Dadirri is inner, deep listening and quiet, still awareness. Dadirri recognises the deep spring that is inside us. We call on it and it calls to us. This is the gift that Australia is thirsting for. It is something like what you call ‘contemplation’.

When I experience dadirri, I am made whole again. I can sit on the riverbank or walk through the trees; even if someone close to me has passed away, I can find my peace in this silent awareness. There is no need of words. A big part of dadirri is listening.”

“In our Aboriginal way, we learnt to listen from our earliest days. We could not live good and useful lives unless we listened. This was the normal way for us to learn - not by asking questions. We learnt by watching and listening, waiting and then acting.”

“My people are not threatened by silence. They are completely at home in it. They have lived for thousands of years with Nature’s quietness. My people today, recognise and experience in this quietness, the great Life-Giving Spirit, the Father of us all.”

Another part of dadirri is “the quiet stillness and the waiting,” says Ungunmerr-Baumann.

“Our Aboriginal culture has taught us to be still and to wait. We do not try to hurry things up. We let them follow their natural course - like the seasons.”

Dadirri is also used as a prayer, a prayer in the sense of you just feel the presence of the Great Creator.—Miriam-Rose Ungunmerr-Baumann, Aboriginal writer [5]

Dr Laura Brearley, author of the Deep Listening Book, says “deep listening is about tuning in... Deep listening is based on stories, silences and the spaces that lie between. As a research methodology, the practice of deep listening is an invitation into culturally congruent ways of learning and knowing.” [2]

It does wonders for a person to just be still and listen to someone else talk about their life and how they probably came through things. You never know what you’ll learn.—Archie Roach, Aboriginal singer and songwriter [4]

Read more: <http://www.creativespirits.info/aboriginalculture/education/deep-listening-dadirri#ixzz2jAkonGx8>



January School Holiday Camp

A camp has been booked at Horrocks Beach (just North of Geraldton) from Monday 13 to Monday 20 January.

We'll be taking the mums and kids up to 12 for the first 4 days. We've booked to on-site vans for the mums and little ones and we've got 3 camping spots for everyone else.

On Friday 17 we will be returning the first mob to Yalgoo and picking up the over 12s for the remaining 3 days.

So make sure you're in town and available to come if you want a beach holiday in January.



Yalgoo Ladies

Join us at the
Yalgoo Hotel
to celebrate the
Melbourne Cup
12 noon Tuesday
5th November 2013
Everyone Welcome!!



Yalgoo Primary School



Halloween - Jack o Lanterns





Poems and Stories by M.Pauline Davies



Little House

Diamond pattern of sunshine
Lies on the old house wall
The swaying tops of trees
Out the old window
Perfect silence here alone

The little house a happy home
Sitting on the edge of town
Behind the breakaways
Could tell a lot of stories

She's been here for many years
Little house of wood and tin
Little house of peace
Settled in the bush

By.M.Pauline Davies
2013

Journey

Waves crashing
High and wide
Driving past
Sea's wild spirit
Shows
Internal upheaval
In his mind
Travelling
The shore
Imagining the journey
He awakes
In his cold bare cell

By.M.Pauline Davies
2013

**Ratepayers who paid their
rates in full by the due date
of 4 October 2013
were eligible for the draw.**

and the

WINNER!!

of the

**Early Rate Payer's
Incentive Prize**

goes to

**Australian
Gem
Resources
Pty Ltd**





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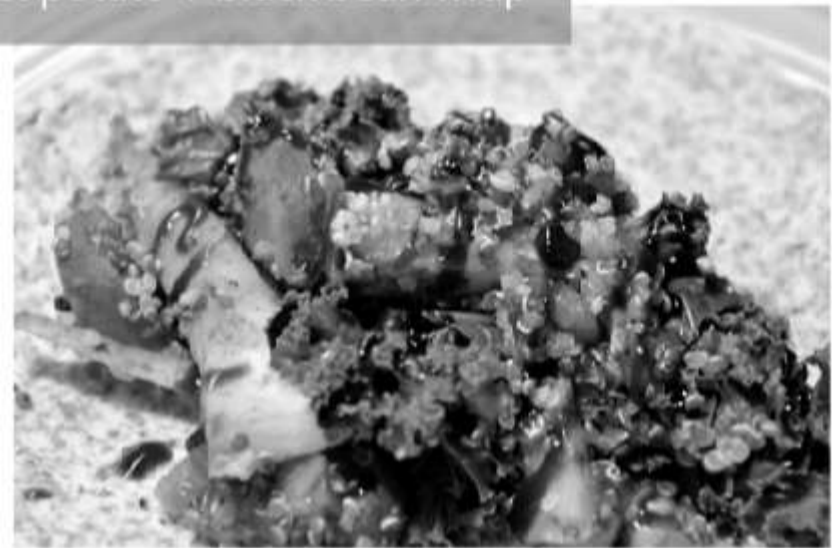
recipe card

the healthy ginger

sweet potato + black bean wrap

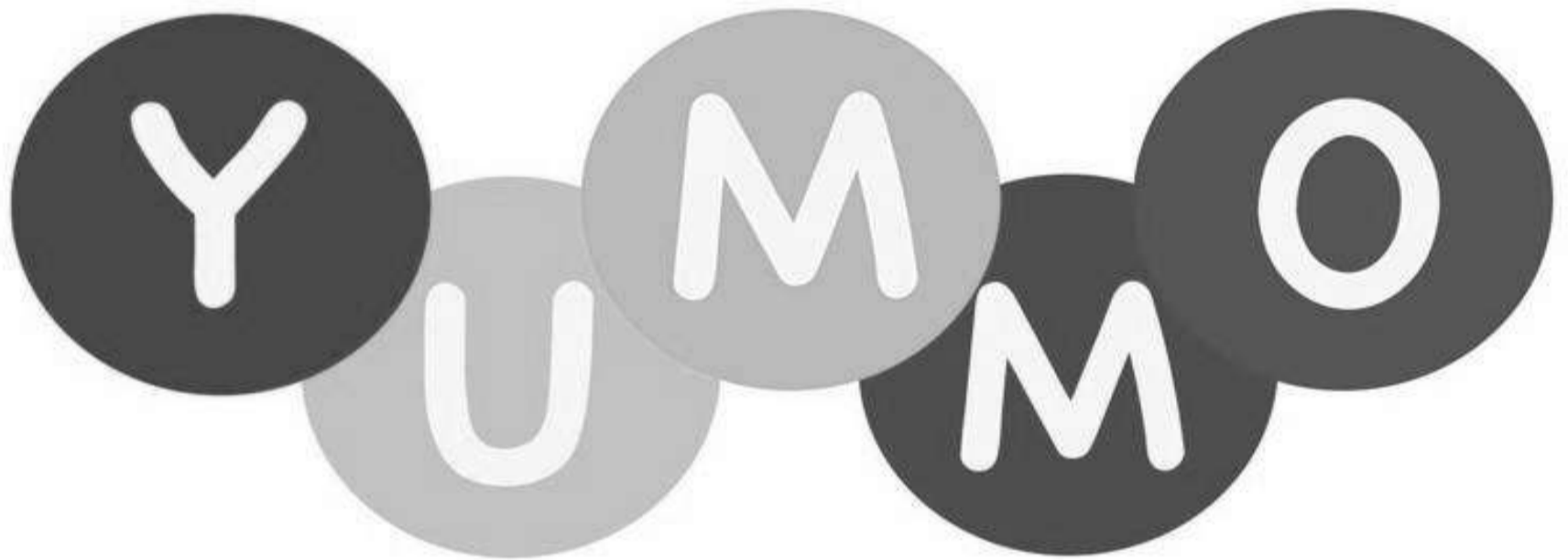
Ingredients:

- 2 large sweet potatoes
- 4 parsnips
- 2 large handfuls of kale
- medium onion
- 1.5 cups quinoa (I already had this cooked + in the fridge)
- 1 cup black beans (these were also already made + in the fridge)
- 2 cloves of garlic
- 1 Tbsp coconut oil
- S.S + P to taste
- optional: balsamic glaze
- sprouted grain tortillas




Method:

1. Wwash + chop sweet potatoes, parsnips + onion into bit size pieces. add to wok or pan at medium heat with 1 Tbsp of coconut oil
2. Cook approx 15 minutes or until veggies are soft.
3. Add the quinoa, black beans, kale, garlic, S.S + P and cook for 3-5 more minutes or until everything is warmed.
4. Add mixture to a wrap and top with balsamic glaze (option).



BEEF, BROCCOLI AND SNOW PEA STIR-FRY



 15 minutes preparation +10 minutes cooking

 5 serves of vegetables in this recipe

Ingredients

- 500g cooked Hokkien egg noodles
- 2 teaspoons oil
- 400g rump steak, sliced
- 1 medium brown onion, diced
- 2 cloves garlic, crushed
- 1 teaspoon ginger, peeled and grated
- ½ head broccoli, cut into florets
- 100g snow peas, ends and strings removed
- 2 tablespoons water
- 1 tablespoon oyster sauce
- 1 teaspoon cornflour
- ½ tablespoon reduced-salt soy sauce
- 1 teaspoon chilli sauce

Method

Prepare noodles following packet directions. Heat oil in pan, stir-fry beef in two batches, set aside and keep warm. Add onion, garlic and ginger, cooking until onion is translucent. Add broccoli, snow peas and water, cooking until vegetables soften. Return beef to pan. In a small bowl combine water, cornflour and sauces. Stir through beef and vegetables and allow to bubble and thicken. Serve with noodles. Serves 4.

Variation

Substitute 400g lean pork leg steak for beef. Replace broccoli and snow peas with other vegetables, eg: Chinese cabbage, bok choy and sliced carrots.

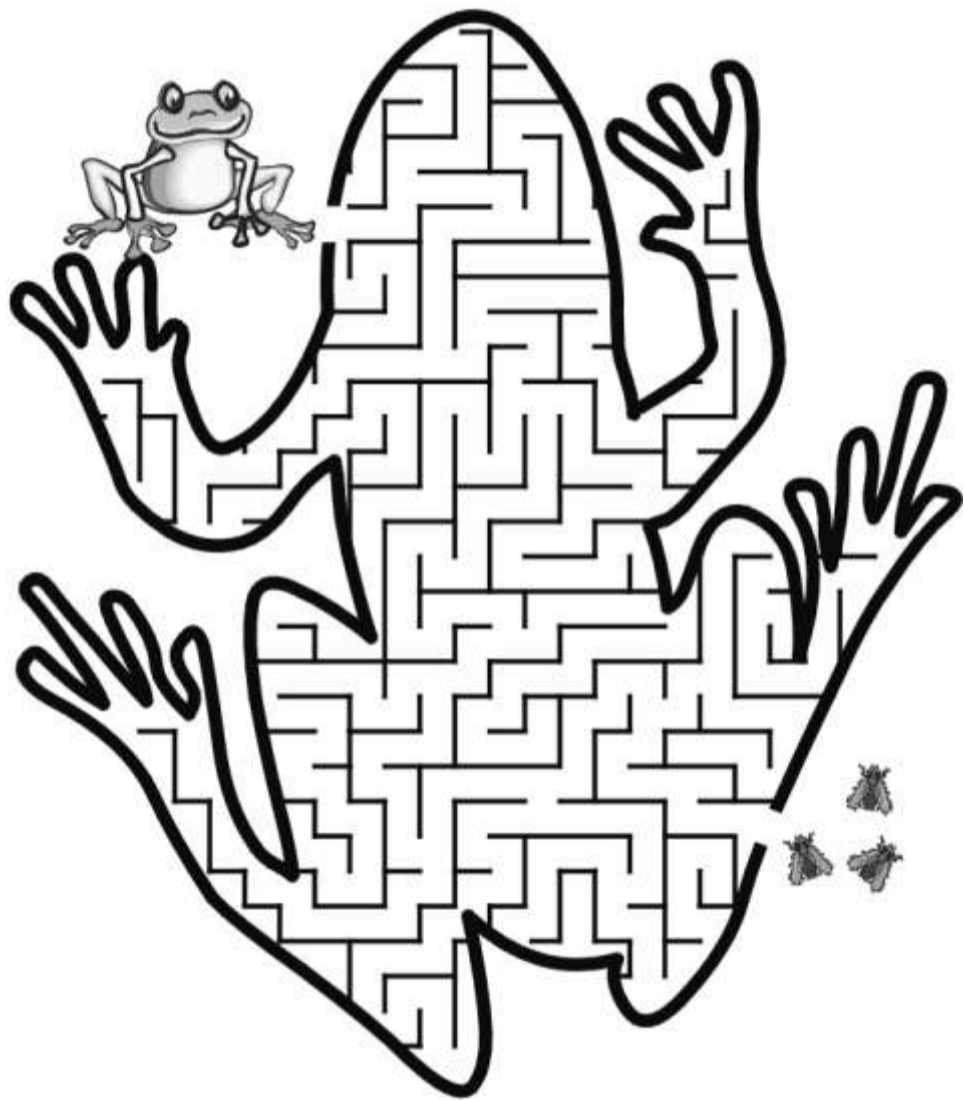
BROCCOLI



- Selection** Choose tight compact heads with blue/green colour.
- Storage** In an airtight bag in refrigerator crisper.
- Uses** Stir-fries, salads, vegetable side dishes, frittatas and all short-time cooking dishes.
- Cooking** Boil or steam for 4-7 minutes, depending on size of floret or microwave in a covered dish with 2 tablespoons water on HIGH (100%) for 4-5 minutes until tender, stirring after 2 minutes to ensure even cooking.



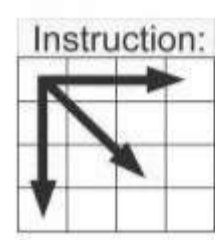
Kid's Corner



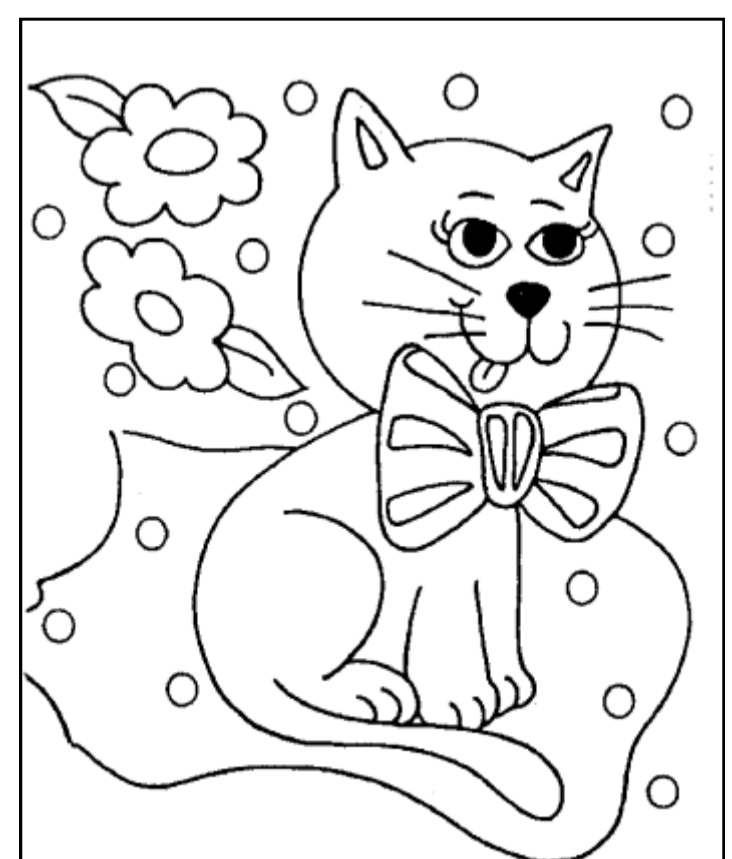
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E	U	K	Y	E	Y	A	Z	T	H
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O	W	L	Z	J	K	C	T	Y	H



- CAT
- DOG
- OWL
- TURTLE
- ELEPHANT
- DUCK
- FISH
- BUTTERFLY



Find the ten differences between the two pictures.



CENTACARE YALGOO

NOVEMBER 2013



MANS BUSINESS

Another good turn-out by the men keep it up guys. Lets start making preparations for the Xmas period So GUYS don't miss out come along and have your say. Next meeting / breakfast will be Saturday 16 November 9.00am all men invited to BBQ breakfast at the Shire hall. For more info contact Mata or Pip at the Centacare office. 08 99628207.

LOCAL DRUG ACTION TEAM

Would LDAG members please make themselves available for the next meeting Wednesday 20 November 4.30pm at the hall. If you are interested in supporting or being a part of this group please feel free to come along.

MORAWA PARENTING SUPPORT GROUP

_____ If you are keen to get involved or wish to support the group in some way please contact Mata on 08 996 28207

WOMEN'S GROUP

Wednesday 20th November John Fitzgerald (dietician) will be preparing lunch for the kids (healthy eating options) at 11.00am. So come along and support the women's group and be a part of this activity. The women's group is every WEDNESDAY'S for 2 hours from 12.am – 2.00pm at the shire hall. Bring a friend along for a yarn, a cuppa and sandwich. For Details phone Mata on 08 99628207

WALKING GROUP

Walking times are Tuesday and Thursday evening at 5.30pm. The walking group will give you the opportunity to exercise and meet others in the community. For further inquiries please contact Mata on 99628207.



PLAY GROUP

Support Play Group and come along with your child. Play group is held at the Primary school every week, for further inquiries please contact Tamisha or Mata on 99628207 or the school on 99628024

Hours: Mondays'	9.00am – 11.30am
Wednesdays'	9.00am – 11.30am

COUNSELLING SERVICES

Northern Districts Community Support Group - Morawa Family Counseling Service Family and financial counselors available to provide support to rural individuals and families; through counselling; information and education. This is a free service to the shire and families of Yalgoo

Address: Morawa Family Counseling Service

PO Box 6, MORAWA, WA, 6623 Phone :08 9971 1030 Relevant subjects for this

organisation: Counseling, Family and Community Groups/Support Services: for more

Info please contact Anne Hague directly or Mata at the Centacare office

KUPU HOU - NEW WORDS

Pakitara : Wall

Kapua: Cloud

Mata Te Hiini

Indigenous Parenting Co-ordinator

Centacare Family Services

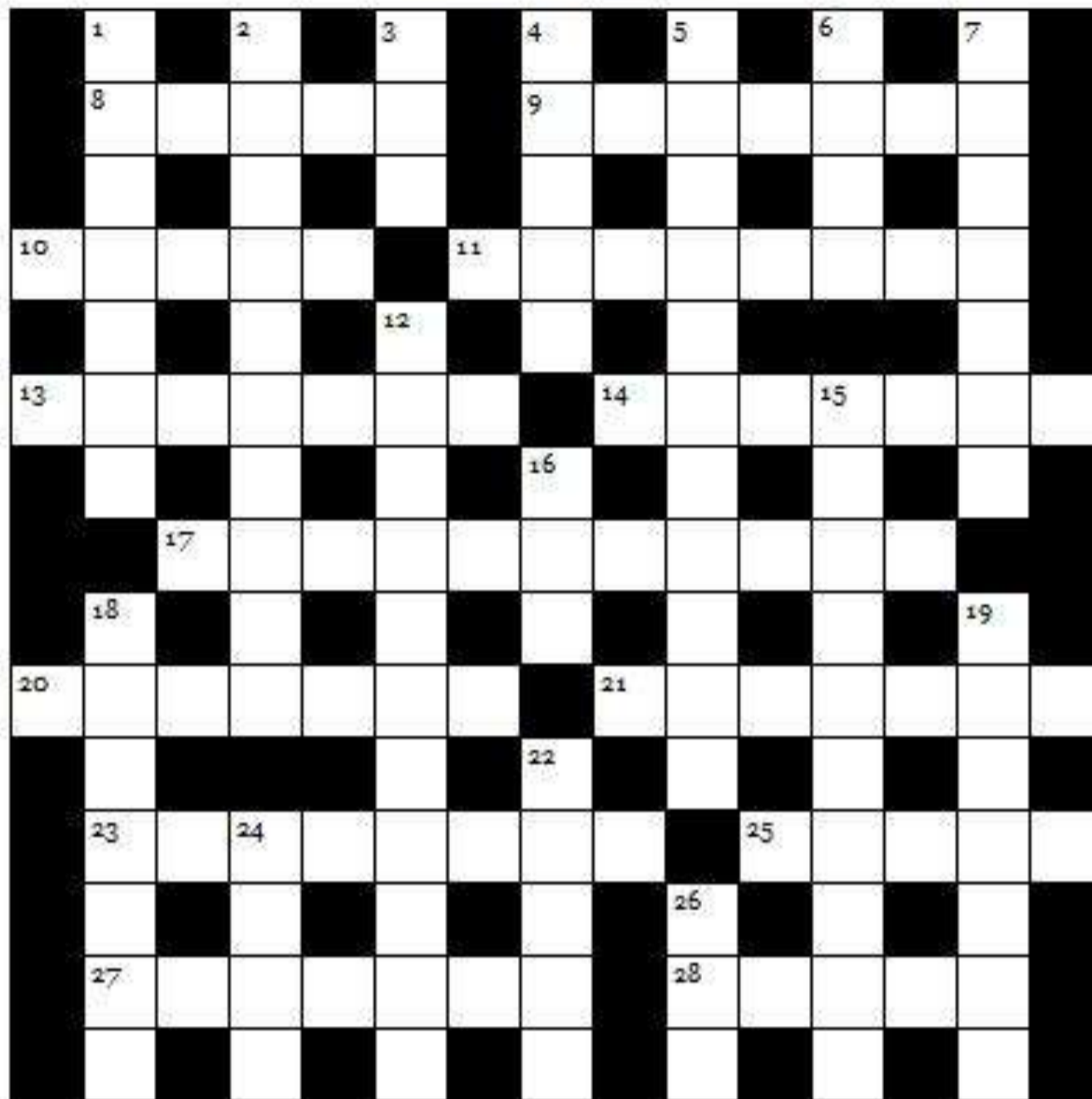
15 Shamrock Road **YALGOO WA 6635**

Phone: (08) 99628207 Fax: (08) 99628206

mata.tehini@centacaregeraldton.org.au

"TENĀ RĀ KOUTOU KATOĀ"

8 4 17, 24 my 6!

**Across**

- 8** A little tipsy, having good spirits (5)
9 One boy takes on English and Spanish, perhaps (7)
10 Commercial describing revolutionary felt for... (5)
11 ...a rest went on, so to speak (2,2,4)
13 Illuminate church fairly unusually (7)
14 Being embraced by sweetheart, for me is like poetry, say (3,4)
17 Girl arrives flustered by year's celebration of a special date (11)
20 A no good biblical priest initially claiming to be saintly (7)
21 Embark upon a journey with 24 (3,4)
23 Menial worker for Spooner in Israel (4,4)
25 Poor person - not posh - with a rag (5)
27 Heron is flying towards the land (7)
28 Burn with love for American and entrance by the sound of the voice (5)

Down

- 1** Laugh and dump heartless lowlife (7)
2 A clergyman, dead at heart, was in charge of church in advent (10)
3 Twelve months after the beginning of alliance in a place in Scotland (3)
4 Holy one under a tree - that's original! (5)
5 Be worried about money, like the bride at a wedding, perhaps? (11)
6 Bride in white oddly embracing father (4)
7 Makes popular windup organs (7)
12 Mad fool, crazy about France, here in French administration (11)
15 Beforehand, point to short trees, then how about a redwood at the end? (10)
16 You and I had, in short, got married! (3)
18 Release uncle by moving an inch (7)
19 Spent the coldest season wasting time in Burgundy (4-3)
22 Go in, always taking books (5)
24 Girl is in US city (4)
26 Shall I come in Spring? (3)

The local community is invited

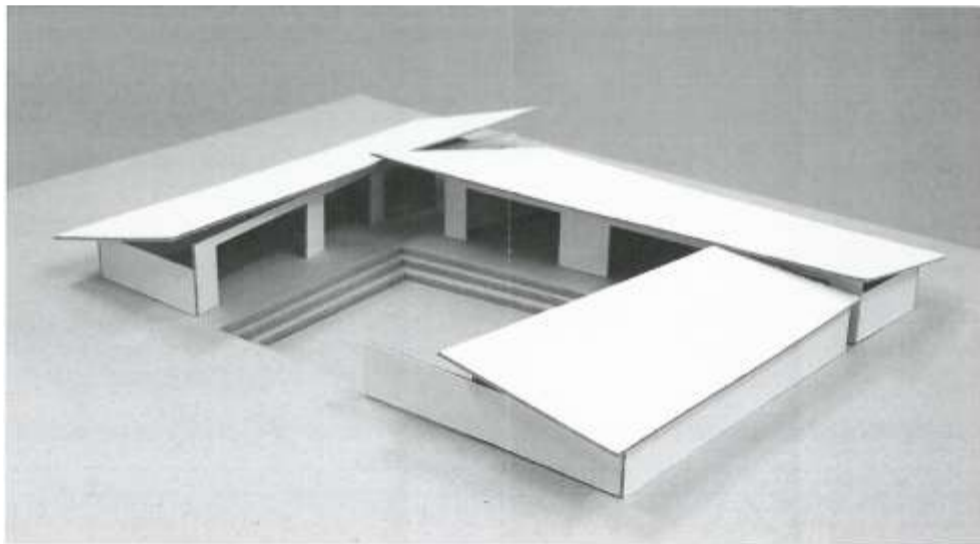
to attend the

Yalgoo Shire Office

to view the model of the proposed **Community Hub**
to be built behind the Rage Cage & Water Park.

Suggestion forms are available to record your comments.

Please take advantage of this to voice your opinion
because the Community Hub is for you!

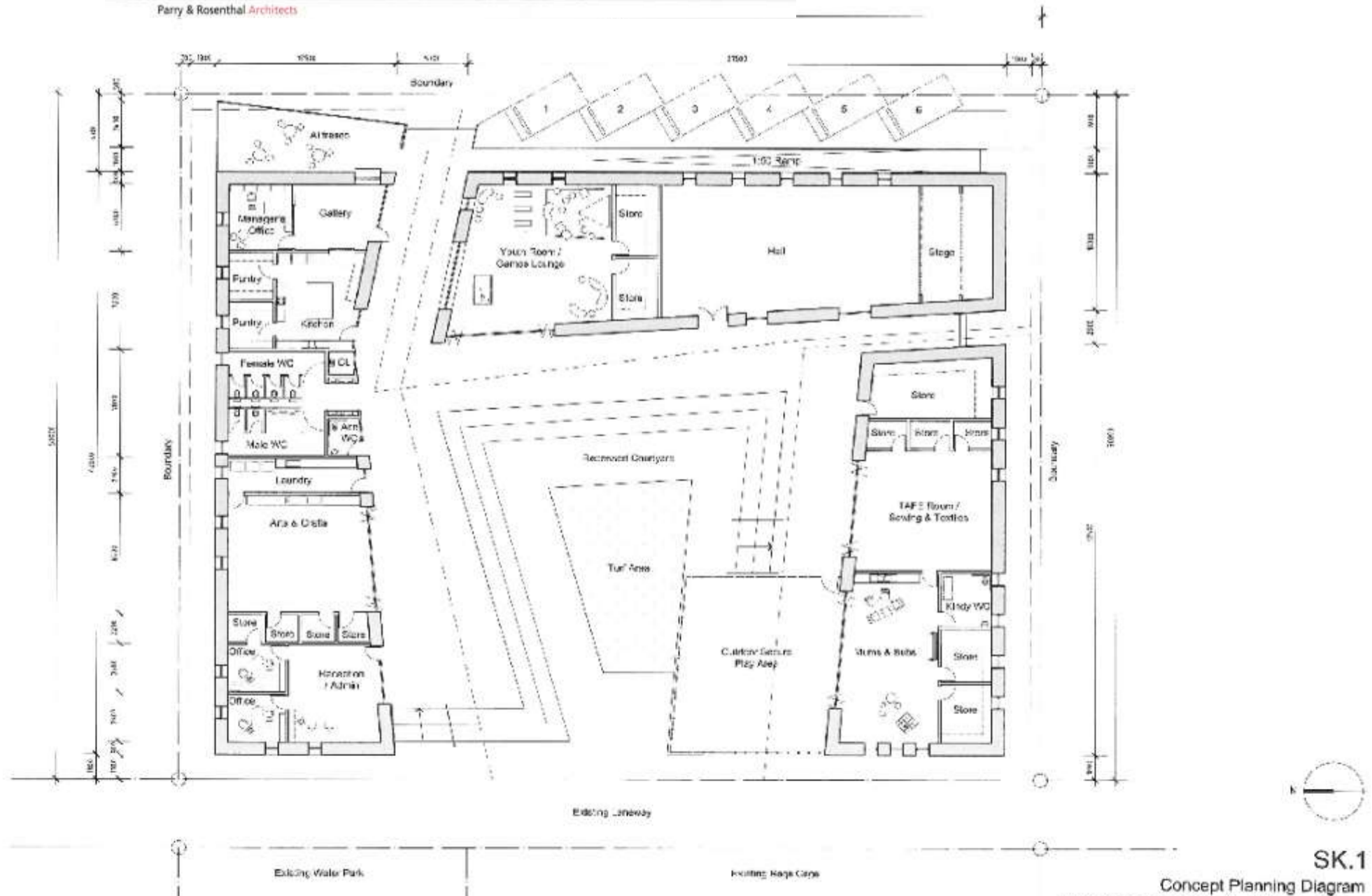


This is the model
on display in the
hire entrance foyer

YALGOO COMMUNITY & YOUTH CENTRE 02a

Parry & Rosenthal Architects

e e t





Coming Soon

Yalgoo Primary School

Christmas Concert & Presentation Night

Date: 17th December 2013

Venue: Yalgoo Primary School

Time: 6pm

Yr 7 Graduating this year

Edwin Simpson & Juan Hodder

SANTA will be their



Stop. Pay Troll.

Robert Stockton (© 2007)

Across

- 1. Tibia
- 5. Respond by changing
- 10. Mold
- 14. Yield
- 15. The original "10"
- 16. Beach banquet
- 17. Result of a rice theft?
- 20. Pickle portion
- 21. Treacherous curve
- 22. Gives the boot to
- 23. Hardy heroine
- 25. Give a single star, perhaps
- 26. Miss Manners' métier
- 29. Twitchy
- 33. Water quality evaluation?
- 35. Fidel's friend
- 37. Type of tennis or bowling

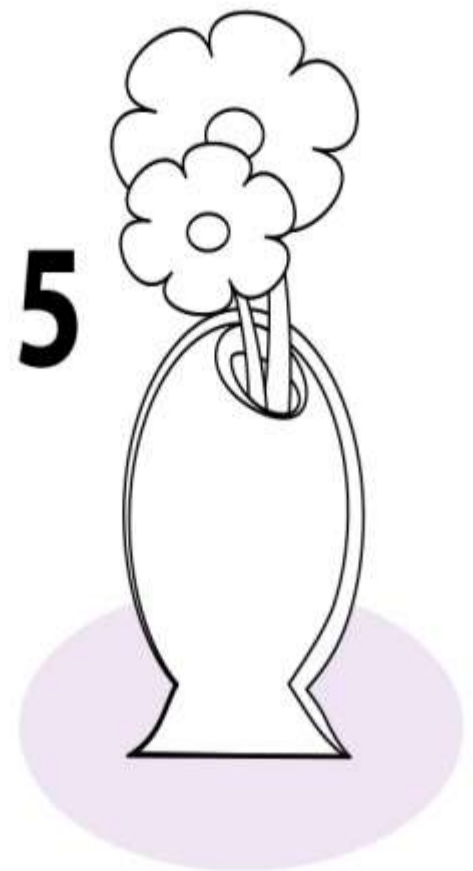
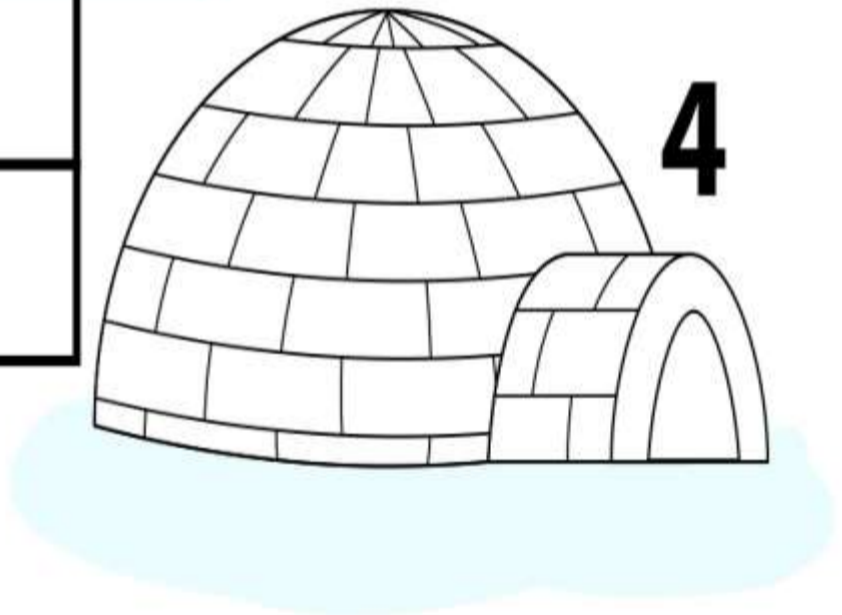
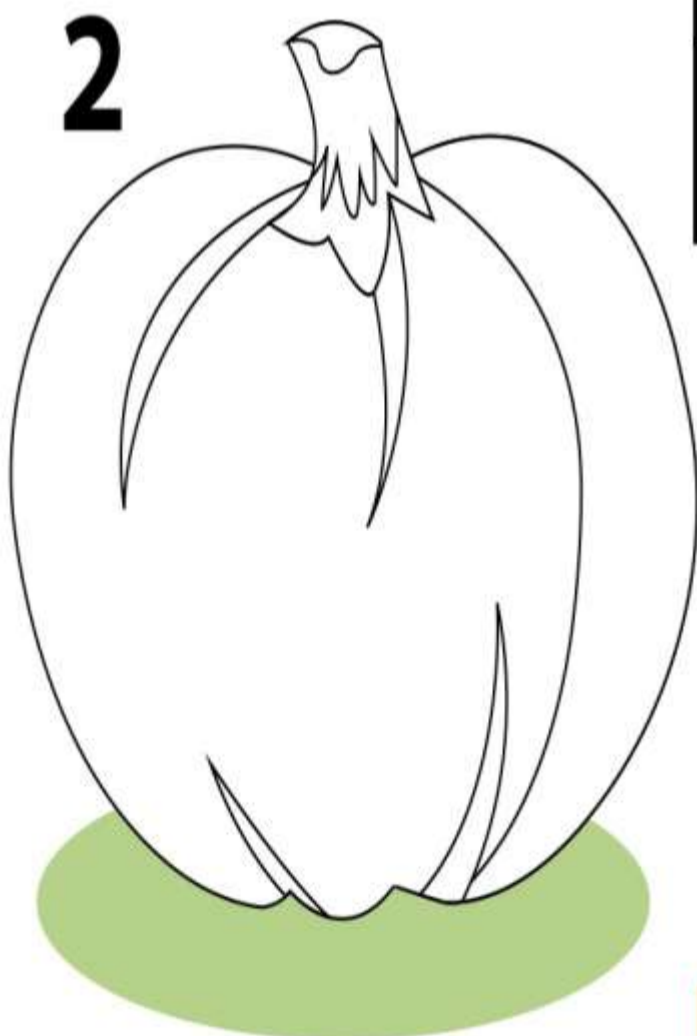
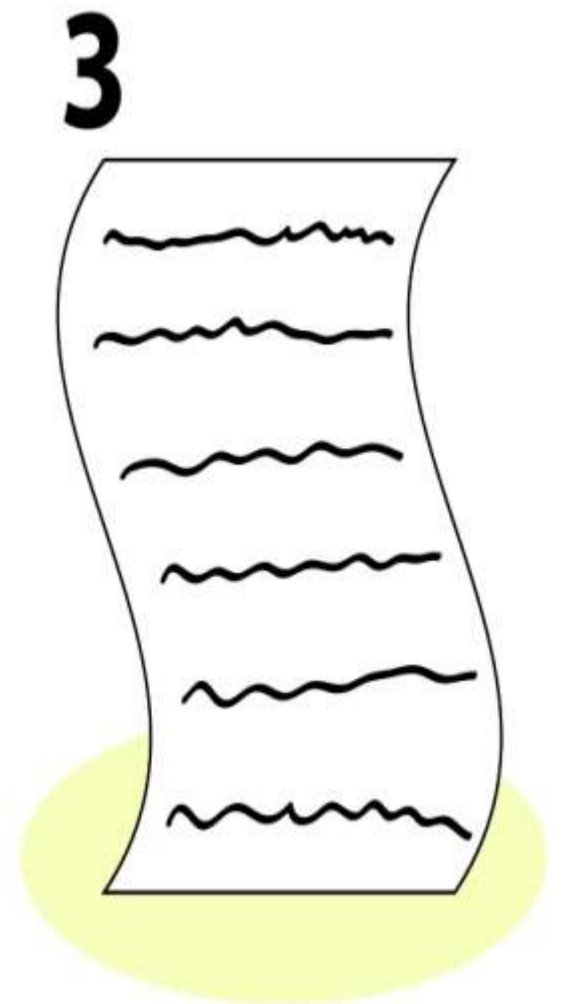
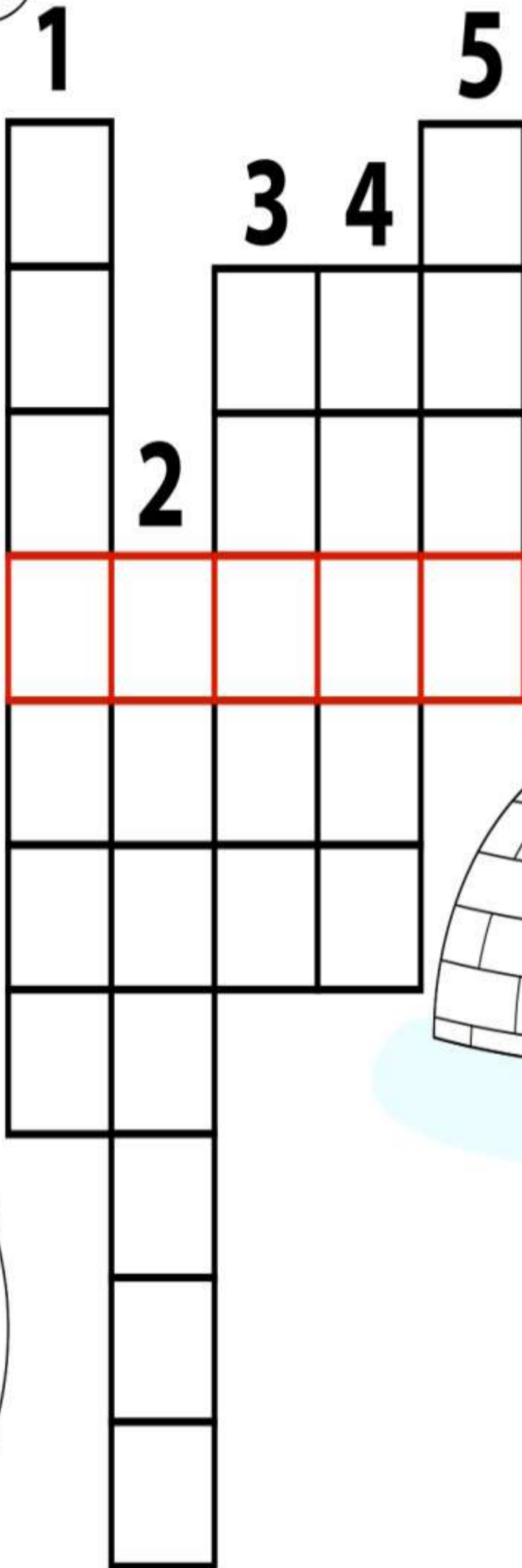
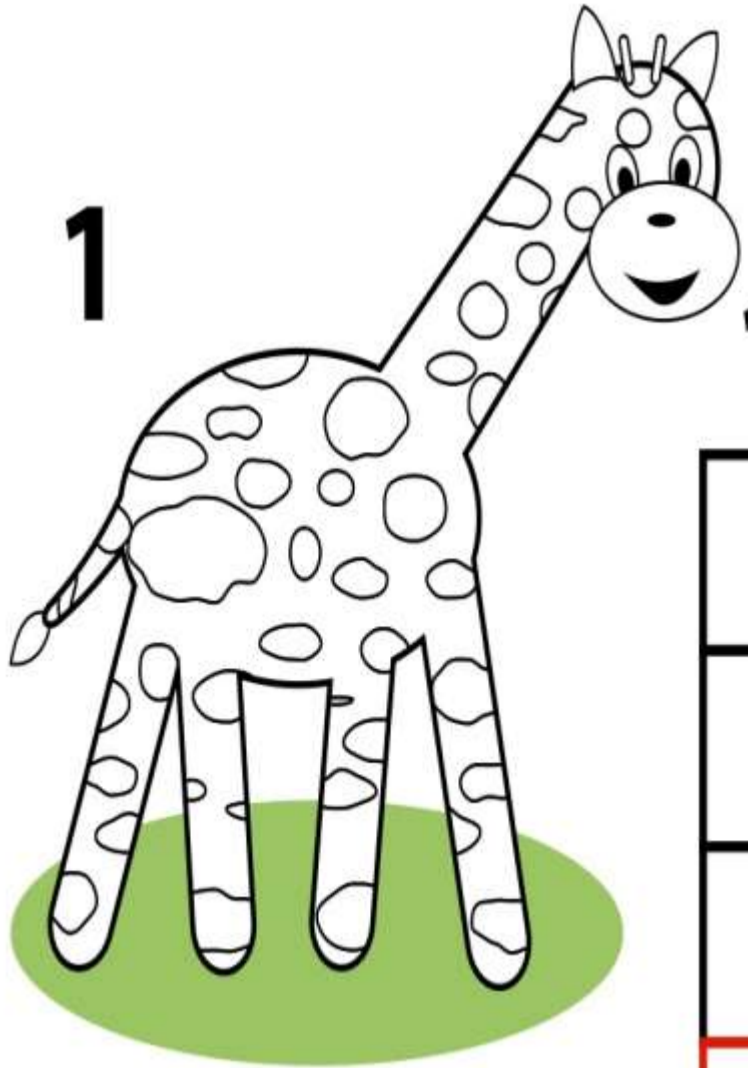
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57					58				59					
60					61						62			
63					64						65			

- 38. She played Gia on Full House
- 39. James of Rollerball
- 40. Suffix with lex- or morph-
- 41. Succinct Sahara summary?
- 43. Former senator D'Amato
- 45. Edmonton skaters
- 46. Gore and Sharpton
- 47. Eso Beso balladeer
- 48. When Macbeth kills Duncan
- 51. American Uncle
- 53. Mutual of ____
- 57. Midmorning fruit dish?
- 60. Rapids rider
- 61. Like some verbs, abbrev.
- 62. Kind of garden

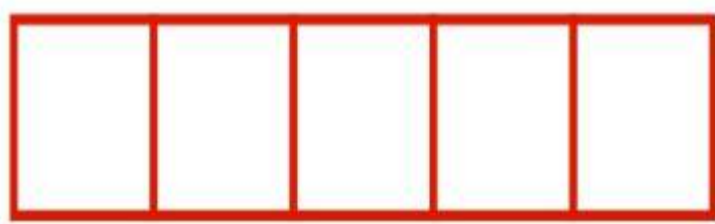
- 63. T-men, generally
 - 64. Mercantile establishment
 - 65. Squid sprays
- Down**
- 1. See 30 down
 - 2. Give a hand
 - 3. Like some hands
 - 4. Denial
 - 5. Member of the colonial army?
 - 6. Saharan fruits
 - 7. Fruity refreshments
 - 8. Bowlers' targets
 - 9. Children's chase game
 - 10. Show off and show often

- 11. Avignon ayes
- 12. Rave's partner
- 13. Rumple
- 18. Last name in vacuums
- 19. Treatment for a cow or a celeb
- 24. Sunday speeches
- 25. Ideal example
- 26. Fit
- 27. Golden Globe category
- 28. Wheel of Fortune buy
- 29. Buying binge
- 30. With 1 down, govt. students
- 31. "See if _____!"
- 32. Meeting maestro
- 34. Eyeglass holders?

- 36. You'd like to make them meet
- 39. Squid snack
- 41. Kind of acid
- 42. Big name in cameras
- 44. Swoons
- 47. Decorative resin
- 48. Incantation initiation
- 49. Alpine perch
- 50. Clump of curls
- 51. Reorder
- 52. Retro do
- 54. Very prolific auth.?
- 55. Wield a machete
- 56. Says "who?"
- 58. Towel label
- 59. Iron or Bronze, e.g.



Solution

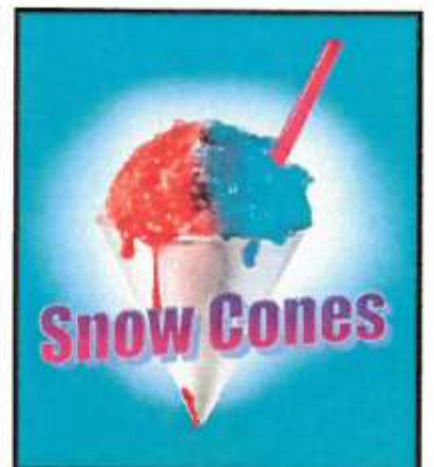


YOUNG AT HEART

FAMILY FUN DAY

Mount Magnet

Date: 02 November 2013
Time: 2:00pm to 5:00pm
Venue: Town Oval



FREE RIDES

- Bungee Run**
- Bumper Cars & Bikes**
- Mechanical Surfboard Ride**
- Lost Temple Bouncy Castle**
- Slippery Slide**
- Snow Cones**
- Fresh Popcorn**
- Wirnda Barna Artists Markets & More**

**2013 Garden Competition
 Winners will be announced**

